

The Teacher Training Pathway and Requirements for Trained Teacher Status

There are four stages to becoming a Trained MSC Teacher.

Step 1: 6-Day Residential Teacher Training

Step 2: Teacher Training Practicum

Step 3: Teach first MSC course with Zoom Consultation

Step 4: Apply for Trained Teacher status

Step 1: 6-Day Residential Teacher Training

Upon successful completion of the Residential Teacher Training, you are considered an MSC Teacher-in-Training and you may progress to step 2.

Step 2: Teacher Training Practicum (TTP)

The TTP is a ten-week, online journey for a group of 16 teachers-in-training to move through the MSC 8-week program together and practice their new-found teaching skills in a safe, structured environment, facilitated by two TTP Trainers. Each week focuses on a single MSC session and trainees are assigned to lead the various practices, topics and exercises of that session, with periods of feedback and discussion. There is also opportunity to connect beyond the weekly sessions and build a sense of community among teachers.

Step 3: Teach first MSC course with Zoom Consultation*

Only once you have completed steps 1 and 2 are you authorized to teach the 8-week MSC with simultaneous enrollment in a series of ten Zoom consultation sessions. These online sessions are rich opportunities for you to receive support and guidance during your first teaching experience from your fellow teachers and from the Certified and experienced MSC teachers who facilitate these sessions. Each hourly session has a maximum of 6 teachers-in-training. You can choose the sessions times that best suit your teaching schedule and the group members will likely vary each week.

For these sessions to count towards Trained Teacher status you must adhere to the requirements listed on the following page.

Step 4: Apply for Trained Teacher status

Once you have completed your TTP and taught an 8-week MSC with Zoom consultation, in accordance with the requirements listed below, you can apply for Trained Teacher status. On approval of your Trained Teacher application, you will receive a Trained Teacher certificate from CMSC. You will be listed as a Trained Teacher on the CMSC teacher directory and be authorized to teach the 8-week MSC program on your own, subject to all CMSC policies.

***Requirements for your MSC course and Zoom Consultation to count toward Trained Teacher status**

Please sign up for a series of 10 consultation sessions whilst teaching your first MSC course. In addition, please ensure that you meet the following requirements:

- Your course **MUST** have at least 8 registered participants at the start of your course.
- You should have a co-teacher and plan to teach at least 50% of the course. If no co-teacher is available you should be supported by a General Assistant or Mental Health Assistant.
- Your course must follow the full MSC curriculum and not be a modification or adaptation of the curriculum.

If you are unable to find a co-teacher or a teaching assistant, you may apply for an exemption to attend Zoom sessions and still be eligible for Trained Teacher status.

<https://centerformsc.org/application-for-zoom-consultation-exemption/>

If you wish to teach a smaller (or adapted) group, you may attend Zoom sessions, but you will have to attend again when you offer a standard MSC class for your attendance to be eligible for Trained Teacher status.

While you may participate in these sessions even if your course does not meet the requirements for attaining Trained Teacher status, please note that the more your course differs from standard MSC, the less helpful these sessions may be for you as the other participants and the host will lack the proper familiarity with your particular situation. Thus you may need to seek individual consultation from one of the MSC mentors if you feel you would require some support while teaching.

Updated Jan 2020