## WAIVER AND RELEASE OF ALL CLAIMS FOR PARTICIPATION

## Northside Speed and Power, MAY 2021 Hosted by the Good Athlete Project

Please read this form carefully and be aware that in enrolling and participating in the above program, you will be waiving and releasing all claims for injuries you or the above participant may sustain.

## (Name of Participant)

As a participant or guardian of a participant in the program, I recognize and acknowledge that there are certain risks of physical injuries, including death, illness (including COVID-19), damages or losses which the above participant may sustain as a result of his/her participation in any and all activities connected with or associated with such program.

I do hereby fully release and discharge Northside Speed & Power and the Good Athlete Project, including the Board of Directors, its members, officers, employees and agents, including staff and any volunteers (hereinafter referred to collectively as the "Indemnitees") from any and all claims from injuries, including death, damages or losses which the above participant may have or which may accrue on account of participation in the program.

I do hereby as an adult at/above the age of 18 specifically release and discharge the Indemnitees from any causes of action I may have for support, mental or emotional damage or otherwise arising out of my participation.

I further agree to indemnify and hold harmless and defend the Indemnitees from any and all claims resulting from injuries, including death, illness (including COVID-19)damages and losses sustained by me or the above participant and arising out of, connected with, or in any way associated with the activities of the program.

I have read and fully understand the nature of the above event (**Northside Speed and Power, SPRING Sessions**) and the terms and conditions of the Waiver and Release of All Claims.

Signature, Guardian of Participant

Date

Print Name:

Emergency Phone: