

COVID PRECAUTIONS

V-O-Cal puts safety first. Please remember that all participants are required to be vaccinated. Protocols will be used in connection with food preparation and service (kitchen crew will mask in confined areas and during food services), and social distancing in outdoor areas will be requested.

The Project

The Painted Rock property is special. Its name derives from large rocks overlooking Moraga that have been happily painted for decades by local students. Its significance for trails, however, is new! When the John Muir Land Trust began a campaign to acquire this property from its private owner, JMLT was overwhelmed by hundreds (literally!) of donations from the local community. Now permanently preserved as open space, Painted Rock will open 505 acres of beautiful hill and valleys for public enjoyment. The property will also provide connectivity to trails reaching into more than 15,000 acres of pristine protected land.



Center Camp

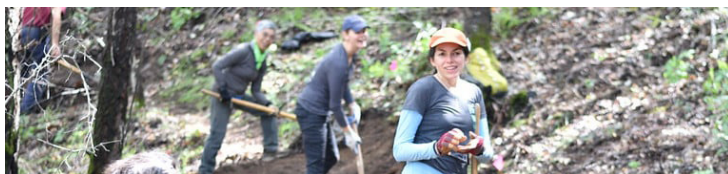
We have been graciously approved by the Acalanes High School District to camp on the flat, soft, grassy field of Campolindo High School. Painted Rock is an easy walk.



Volunteers

Volunteers who are working on the trail will be divided into crews and assigned a certified crew leader who will provide training on tool use and safety and will supervise the work throughout the day. V-O-Cal provides all necessary tools, but volunteers who already own trail-working tools are encouraged to bring them if they would prefer to

use their own (non-power tools only, please). Similarly, volunteers are encouraged to bring their own work gloves, though V-O-Cal does have gloves available. Please bring/wear comfortable work clothing and sturdy closed-toe shoes or boots.



Weather

Please come prepared for a variety of weather conditions (think layers!). Unless there is a serious storm predicted, we will work drizzle or shine.

Please PRINT
and
BRING the
SIGNATURE page of
the waiver

Event Schedule

Friday

- 5:00 pm – Check in and camping open.
DINNER IS NOT PROVIDED.

Saturday

- 7:30 am – Check in, light breakfast and lunch packing begin.
- 8:30 am – Morning greeting, announcements, warm-up and safety talk. Project begins.
- 12:00 pm – Lunch on trail.
- 3:30 pm – Head back to camp.
- 4:00 pm – Drinks, appetizers and socializing.
Showers available.
- 5:00 pm – Dinner.

Sunday

- 7:30 am – Check in and lunch packing begin.
Hot breakfast is served.
- 8:30 am – Morning greeting, announcements, warm-up and safety talk. Project begins.
- 11:30 am – Lunch on trail.
- 1:30 pm – Head back to camp, clean tools, pack gear and truck.
- 2:00 pm – Snack, celebrate the work and say goodbyes to old and new friends.

Meals

V-O-Cal provides all meals for volunteers from breakfast Saturday through lunch Sunday. Vegetarian options are available for all meals.

- To minimize waste we ask that you bring your own reusable plates, coffee mug, cups and utensils. Hot water and soap are provided.
- A continental breakfast is served Saturday morning.



- Please arrive at camp by 7:30 am at the latest to check in, eat breakfast and prepare your lunch. We provide lunch and lunch bags.
- Appetizers and beverages will be available at 4:00 pm after the work day on Saturday. Dinner will follow at 5:00 pm.
- Hot breakfast is served Sunday morning.

Hazards

SUN EXPOSURE | HYDRATION | HYPOTHERMIA

The work area and Center Camp are without shade. Therefore, please plan for sun protection, including sun hats, sun block and light long sleeve shirts. Please bring water bottles or a water bladder large enough to hold at least 2 liters of water. Drink plenty of water throughout the work day. If you feel tired or weak, let your crew leader know, and take a break.

POISON OAK

There are limited areas of poison oak at Painted Rock. Have your crew leader point some out to you if you don't know what it looks like. "Bunny suits" will be provided for those who need extra protection. Clean with Tecnu (which V-O-Cal provides) after the work day, and be cautious when handling your dirty clothes. Always wear gloves when handling tools.

TICKS

Ticks are always a hazard so it is important to check during and after the project.

SNAKES

Rattlesnakes can be present in Painted Rock but likely will be scared away by the large number of volunteers. If you see one, tell your crew leader, and wait until it leaves the area before proceeding.

SHARP TOOLS

Please listen to your crew leader's tool safety talk and observe proper tool use throughout the day.

WHAT TO BRING

- ☐ Sturdy shoes or boots with good tread. Ankle support will be important where we are building new trails. Sandals and open-toed shoes will not be permitted.
- ☐ Water bottles or a water bladder that can hold at least 2 liters of water. (You will not be allowed on the trail without water.)
- ☐ Work gloves. (If you don't have your own gloves, V-O-Cal will provide them. Please return them at the end of the project.)
- ☐ Day pack to carry your water and lunch.
- ☐ Sunglasses, hat, and sunscreen.
- ☐ Insect repellent and allergy medicine (if you normally need these things when working outdoors).
- ☐ Reusable plate/bowl, eating utensils, and mug/cup.
- ☐ A change of clothes for each work day, especially if you are sensitive to poison oak.
- ☐ Layers of clothing for a range of temperatures.
- ☐ If you will be camping . . .
 - A tent
 - A sleeping bag and pillow
 - A flashlight or headlamp
 - A camp chair (if you don't want to sit on the ground)
 - Other camping gear that makes you comfortable

DRIVING DIRECTIONS

Direction from the EAST:

From Walnut Creek, take Highway 24 going west

Exit toward Central Lafayette

Turn **RIGHT** at the end of the exit, which is a stop light at Deer Hill Road

Turn **RIGHT** again at First Street

Turn **RIGHT** again at Mt. Diablo Blvd, then take the **first left** onto Moraga Road

Continue about 2.7 miles to Campolindo High School

Direction from the WEST:

Take Highway 24 going East toward Walnut Creek/Lafayette

In Lafayette, exit at Oak Hill Road.

Turn **RIGHT** at the bottom of the off-ramp onto Oak Hill Road

Turn **LEFT** on Mt. Diablo Blvd., then promptly **RIGHT** onto Moraga Road

Continue about 2.7 miles to Campolindo High School

PLEASE DETACH AND DISPLAY ON DASH



Volunteer Parking Pass

Painted Rock Project

May 20, 2022

May 21, 2022



May 22, 2022

Registration and Check In

Please register online. Check in at the registration table when you first arrive.
If you did not register online, please fill out this sheet and bring it with you.

First Name _____	Cell Phone _____
Last Name _____	Home Phone _____
Email _____	I am participating: <input type="checkbox"/> Saturday <input type="checkbox"/> Sunday
Address _____	Year of Birth _____ (This helps us with crew assignments and project design)
City _____	If attending with a group, which group? _____
State Zip Code _____	How did you hear about this opportunity? _____

Children 14 and over are welcome on V-O-Cal projects. Volunteers under 16 must be accompanied by an adult.
To register, visit our website at www.v-o-cal.org or <https://www.signupgenius.com/go/5080B4FA4A823AAFC1-painted1>
For photos of our recent projects, please visit

 <https://www.facebook.com/volunteersforoutdoorcalifornia>
 <https://instagram.com/volunteersforoutdoorcalifornia?igshid=YmMyMTA2M2Y=>

VOLUNTEER PROJECT TEAM

V-O-Cal Executive Director	Cathy Moyer
Project Team Lead	Eliot Hudson
Technical Advisor	Joe Cavaness
Crew Leader Manager	Chris Moen
Food Shopping & Prep	Chris Fishel
Kitchen Chef	Francesca Verdier
Outreach	Eliot Hudson Lily Brady
Camp Operations	Pete and Debbie Durringer
Warehouse Load Truck Driver	Duane Sheets
Tool Town Mayor	Jon Cross
Registration	Melanie Lee

Agency Partner

John Muir Land Trust

IN-KIND PROJECT SPONSORS

Sunrise Rotary | Canyon Club Brewery | Adventure Medical Kits | Clif Bar | Metro Mobile Communications | REI | Tecnu

WAIVER AND RELEASE

VOLUNTEERS FOR OUTDOOR CALIFORNIA

EXCULPATORY AGREEMENT, RELEASE, ASSUMPTION OF RISK, AND INDEMNIFICATION

READ THIS DOCUMENT CAREFULLY BEFORE SIGNING. THIS DOCUMENT IS A BINDING PART OF YOUR PARTICIPATION AGREEMENT AND MAY HAVE SIGNIFICANT CONSEQUENCES.

In consideration of my being allowed to participate in the Volunteers for Outdoor California Project (the "Project") and on behalf of myself, my heirs, executors, administrators, legal representatives, assigns and successors in interest (hereinafter collectively designated as "successors"), I do hereby release and waive all rights or claims for damages, for death, bodily injury or loss of or damage to property from any cause whatsoever I may have or which may accrue to me or my successors as a result of my participation in the Project. I discharge and release Volunteers for Outdoor California, and its respective directors, employees, interns, volunteers, representatives, agents, parents, subsidiaries, and affiliates from any and all liability arising out of or connected in any way with my participation in the Project, whether or not caused by the negligence of any of the above persons or entities.

My participation in the Project is voluntary and done at my own risk. I therefore voluntarily assume all risks of loss, damage, injury or death that may be sustained while participating in the Project. In addition, I agree to hold harmless from any and all claims, damages, losses, liabilities and costs (including without limitation reasonable attorneys' fees, expert witness expenses, litigation costs, and disbursements) all the entities and persons mentioned above who otherwise might be liable to me or my successors for damages.

Notwithstanding anything stated in the foregoing paragraphs, nothing in this document shall apply to exempt any person or entity from responsibility for his, her, or its own fraud, or willful injury to the person or property of another, or violation of law whether willful or negligent.

In further consideration of my being allowed to participate in the Project, I hereby agree to indemnify, defend, and hold harmless Volunteers for Outdoor California and its respective directors, employees, interns, volunteers, representatives, agents, parents, subsidiaries, and affiliates (collectively, the Indemnified Parties) from and against any and all claims, damages, losses, liabilities and costs (including without limitation reasonable attorneys' fees, expert witness expenses, litigation costs, and disbursements) relating in any manner, directly or indirectly, in whole or in part, to: (a) any act or omission of myself; or (b) any accident involving any injury to any person or damage to property resulting from my participation in the Project, due to any cause whatsoever.

I further agree to promptly assume my defense and indemnification obligations upon written notice from any of the Indemnified Parties who may participate in the defense of any claim at their own expense. I agree not to settle any claim without the consent of Volunteers for Outdoor California or any other entity that would incur any liability for such claim under or following such settlement, which consent shall not be unreasonably withheld.

I further understand that I may be photographed while participating in a Volunteers for Outdoor California project and I hereby consent to the use and distribution of photographs and other likenesses of me on VOCal's website, or in marketing and other materials relating to Volunteers for Outdoor California's mission.

I further understand and agree that this waiver, release, and assumption of risk is binding on my successors.

I further represent and warrant that I am advised of the existence of California Civil Code section 1542, which provides as follows: A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor.

Notwithstanding this provision, this will constitute a full release in accordance with its terms. I knowingly and voluntarily waive the provisions of Section 1542, as well as any other statute, law or rule of similar effect, and acknowledge and agree that this waiver is an essential and material term of this release.

I HAVE CAREFULLY READ THE FOREGOING DOCUMENT AND UNDERSTAND THAT I AM WAIVING IMPORTANT LEGAL RIGHTS, ASSUMING THE RISK OF FINANCIAL LOSS, BODILY HARM OR DEATH, AND THAT I AM AGREEING TO PROTECT AND DEFEND THE INDEMNIFIED PARTIES AT MY OWN COST. I UNDERSTAND THAT THIS IS A LEGALLY BINDING CONTRACT BETWEEN MYSELF AND OTHERS. I HEREBY WARRANT THAT I HAVE THE RIGHT TO CONTRACT IN MY OWN NAME, OR IF ACTING ON BEHALF OF A MINOR, HAVE EVERY RIGHT TO CONTRACT FOR THE MINOR IN THE ABOVE REGARD.

Signature of Participant

Date

Print Name

Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone: _____

If Participant is under 18 years of age, a parent or legal guardian must sign below:

Signature of Parent/Guardian

Date

Print Name

Emergency Contact Information
Name: _____
Contact Phone: _____