



# Adaptive Sports and Recreation

## General Reopening Guidelines

Updated 1.6.2022

- Registration is **REQUIRED**. We will not be able to accommodate any walk-up participants.
- The maximum number of participants at each activity will vary and will be clearly noted on the registration.
- **ALL** Staff, Volunteers and Coaches:
  - **INSIDE**: Must be masked and wearing goggles/safety glasses at **all** times
  - **OUTSIDE**: Must be masked and wearing goggles/safety glasses when not able to be socially distanced
- Participants & Caregivers:
  - **Inside and outside activities** will require a mask UNLESS you are socially distanced (examples include but are not limited to: transferring to and from equipment, personal coaching, placing a golf ball, getting fitted and equipped with fishing equipment, etc.) OR participating in a high intensity sport (rugby, basketball, soccer, pickleball, hockey, etc).
- Participants & Caregivers are asked to “self screen” using the guidelines provided by the CDC. The screening questions will be included in each activity registration. If your response is YES to any question, we ask that you please refrain from attending until the time when your answers are all NO. On-site screening and temperature checks will no longer take place.
- You **must** quarantine for 10 days prior to returning to programming on day 11 if :
  - You live with someone who has tested positive for COVID (from date symptoms first appeared) or
  - You have been in close contact at less than 6 feet of distance for greater than 15 minutes who is suspected of having or has tested positive for COVID
  - If you have remained asymptomatic since the COVID exposure and you have completed the 10 day quarantine you may return to participation on day 11.
- Participants will be required to sanitize their hands (sanitizer will be provided) prior to participating in each activity.
- All equipment will be cleaned and sanitized before and after each use.
- At this time we will be offering very limited transportation. Masks will be required while riding the bus.
- Masks must be provided by participant/caregivers. We will provide masks and face shields/safety goggles for all staff, coaches/instructors and volunteers.