



# Adaptive Sports and Recreation

## General Reopening Guidelines

Updated 5.9.2022

- Registration is **REQUIRED**. We will not be able to accommodate any walk-up participants.
- The maximum number of participants at each activity will vary and will be clearly noted on the registration.
- **ALL** Staff, Volunteers and Coaches:
  - Inside activities: Masks are **required** at all times
  - Outside activities: Masks are **required** when not able to be socially distanced
- Participants & Caregivers:
  - Inside and outside activities: Masks are no longer required but are **strongly recommended**
    - This is based on the transmission rates in our community. We will continue to monitor changes in transmission rates and update accordingly.
- Participants & Caregivers are asked to “self screen” using the guidelines provided by the CDC. The screening questions will be included in each activity registration. If your response is YES to any question, we ask that you please refrain from attending until the time when your answers are all NO.
- Any participant who has a close contact exposure with someone who tests positive for COVID will need to test at day 5 after the exposure.
  - If the result is negative and they are without symptoms, participant may return to programming
  - If the result is positive and they present with symptoms, participant may return to programming on day 11 following the 10 day quarantine
  - For anyone with symptoms (regardless of exposure), they should not attend programming until symptoms subside
- You **must** quarantine for 10 days prior to returning to programming on day 11 if you have tested positive for COVID.
- Participants will be required to sanitize their hands (sanitizer will be provided) prior to participating in each activity.
- All equipment will be cleaned and sanitized before and after each use.
- At this time we will be offering very limited transportation. Masks will be **required** while riding the bus.
- Masks must be provided by participant/caregivers. We will provide masks for all staff, coaches/instructors and volunteers.