

Victoria Falls Community Association, Inc.

COVID-19 Rules and Procedures for Use of the Resort Club: Fitness Center and Outdoor Pool

07-21-2020 Final

General Considerations:

1. Use of the Resort Club and its facilities is restricted to registered residents of Victoria Falls only, no exceptions.
2. The Resort Club will be open 7 days per week.
3. The Resort Club hours will be 7:00 am to 7:00 pm.
4. The Outdoor Pool hours will be 12:00 noon to 6:00 pm.
5. Only the Fitness Center, Locker Rooms (for changing, no showers), and Outdoor Pool will be open. No exceptions.
6. Use of the Fitness Center and Outdoor Pool will be by reserved appointment only. Reserved appointments must be scheduled in advance. No exceptions.
7. Residents experiencing any of the following symptoms must not come to the Resort Club:
 - Fever above 100.3F
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Headache, muscle, or body aches
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea, diarrhea, or vomiting
8. The Resort Club will be staffed with two staff members and a lifeguard.
9. Staff will enforce the new rules and requirements in this document. Staff has the full support of the Victoria Falls Community Association Board of Directors.
10. All residents and staff must adhere to the social distancing tape and footprints in the Resort Club.
11. All residents and staff are required to wear face coverings when entering the Resort Club and at all times while inside the Resort Club including the Outdoor Pool. Cloth face coverings are recommended per the Centers for Disease Control and Prevention (CDC).
12. The following CDC recommended COVID-19 signage have been posted outside at the Front Door entrance to the Resort Club, inside at Lobby, Fitness Center, Locker Rooms and Outdoor Pool:

- Spanish - <https://drive.google.com/file/d/1HcZONNGhZZ2--bR8kyXVeAz4iWhyCbx0/view>
- English - https://drive.google.com/file/d/1HVQBkVXDDbtxFX--IKC_efu_9-BWibVM/view
- https://drive.google.com/file/d/1HVj9AAomYm12_7rHB9wCkgvKAXiLiJg6/view
- <https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/Aquatic-Venues-COVID19-Safety-Steps-Poster.pdf>

13. The following CDC recommended re-opening procedures have been implemented with staff:

- <https://www.cdc.gov/coronavirus/2019-ncov/community/resuming-business-toolkit.html#employer-sheet>
- <https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/Aquatic-Venues-COVID19-Daily-Checklist-for-staff.pdf>

14. Many doors in the Resort Club including locker room doors will be propped open to minimize residents' contact with doors and door handles.

15. Lobby chairs, tables and other items in the common areas will be removed.

Entering the Resort Club:

16. Only those residents with scheduled appointments will be allowed entrance to the Resort Club.

17. Residents with scheduled appointments will be allowed entrance to the Resort Club 10 minutes prior to the appointment time.

18. Those residents entering the Resort Club will receive a temperature check with a touchless thermometer outside the Front Door. If the person has a temperature above 100.3 F, cough, and runny nose, the staff will request that the resident not enter the Resort Club. Following the temperature check outside the Front Door, residents may then proceed to the Front Desk.

19. At the Front Desk, residents will present a Victoria Falls ID card and a second type of ID for confirmation of a scheduled appointment.

20. At the Front Desk, residents will be required to read and sign a waiver of liability form which includes a questionnaire regarding health status at the time of entrance to the Resort Club.

21. Front Desk staff will maintain a log of all residents entering and using the Resort Club.

22. After obtaining approval from staff, residents may proceed to their scheduled appointment location.

Use of the Fitness Center

23. Use of the Fitness Center will be for one-hour appointments beginning on the hour.

24. The maximum number of residents in the Fitness Center is five (5) with no exceptions

25. Residents must wipe down all equipment used after completed use with disinfectant wipes available in the Fitness Center. This requirement will be monitored and enforced by staff.
26. Per the CDC guidelines, residents must wear a cloth face covering for the duration of use of the Fitness Center. Any resident who removes the face covering while in the Fitness Center will be asked to leave. Staff will wipe down the equipment used by the offending resident with disinfecting wipes. Staff will maintain a log of offending residents. A three-strike rule applies to repeat offenders. Staff has the full support of the Victoria Falls Community Association Board of Directors to enforce this requirement.
27. Certain exercise equipment will be available for use and other equipment will be blocked off to maintain social distancing. Equipment blocked off will be bound with bright tape. Please do not remove the tape and signs

Use of the Outdoor Pool

28. Use of the Outdoor Pool will be for one-hour appointments beginning on the hour and a maximum of 2 back-to-back one-hour appointments.
29. The following recommendations from the CDC, Prince Georges County, and the Maryland National Capital Park and Planning Commission were incorporated into the procedures for operating the Outdoor Pool.
 - <https://www.cdc.gov/coronavirus/2019-ncov/community/parks-rec/aquatic-venues.html> (July 1, 2020)
 - <https://www.princegeorgescountymd.gov/ArchiveCenter/ViewFile/Item/3240> (July 1, 2020)
 - <http://pgparks.com/4891/Pools-Reopening-Plan> (July 1, 2020)
30. The maximum number of residents in the Outdoor Pool is ten (10) with no exceptions. The Outdoor Pool area has been separated into 10 usage spaces.
31. The Men's and Women's Locker Rooms/Bathrooms will be open and available for use. They will be cleaned in the morning and mid-day. The showers in the Locker Rooms are not available for use and will be blocked off. One shower in the Indoor Pool area will be available for use.
32. Residents must bring their own chairs. Please place chairs at the Pool Gate prior to proceeding to the Front Door. Please retrieve chairs upon entering the Outdoor Pool area.

Exiting the Resort Club

33. All residents and staff must exit the Resort Club through the Outdoor Pool Gate.