24 September 2020

Dear Friends,

Fall arrived this past week and brought some wet weather! With the wildfire smoke the past couple weeks, and now the rain, we've had to shift our outdoor Masses indoors several times. We've enjoyed the outdoor Masses with the nice weather the past couple months, but the weather conditions are no longer reliable enough for us to continue outdoors. Therefore, from now on, we've decided to move all Masses indoors. We will still offer outdoor seating in the plaza at all Masses, as we have been doing. Speakers will be set up for people to hear the Mass, and Communion will be brought out. If you choose this option, please bring your own chair, jacket, umbrella, and whatever you need to be comfortable.

MQP's Mass schedule

- Sunday Masses
 - Saturday Vigil at 5:00 p.m.
 - Sunday morning at 9:00 & 11:00 a.m.
- Daily Masses
 - Monday-Saturday at 9:00 a.m.
- Live-stream Mass every day at 9:00 a.m. on our parish YouTube channel.

Should I Come to Mass?

Please know that Archbishop Etienne has extended the dispensation of the obligation to attend Sunday Mass. This means that **there is no obligation and no sin in not coming to Mass during this time**. If you have *any* reason for not wanting to come (health concerns for yourself or a loved one; not feeling comfortable; just not ready)—please know that this is OK!

Also, please know that staff and volunteers are working very hard to provide the safest environment we can. However, **there is still a risk in coming to Mass**. This risk could be increased for someone over 60 years of age or someone with underlying health conditions. Please carefully consider the risks involved, and make the decision that is best for the health and safety of you and your loved ones.

Finally, if you or someone you have close contact with is not feeling well or experiencing any symptoms, please do not come to Mass. **Before coming, please do this self-assessment:**

- In the last 14 days, have I experienced...
 - ...a fever or chills?
 - ...a cough, sore throat, congestion, or runny nose?
 - ...shortness of breath, or difficulty breathing?
 - ...a new loss of taste or smell?
 - ...fatigue or new severe muscle or body aches?
 - ...nausea, vomiting, or diarrhea?

If you or someone you have close contact with answer "yes" to any of these questions, please take care of yourself and others by staying home and not coming to Mass.

If you are not able to come to the Church in person, **please continue to join us for livestreamed Mass on our parish YouTube channel, every day at 9:00 a.m.** (recordings available any time after).

How Can I Attend Mass?

Our capacity for indoor Mass is limited to approximately 100 people. Everyone who would like to attend **must register and receive a confirmation message that they have registered**. Please understand that if have not registered ahead of time, there may not be any spaces available in the Church to seat you in.

There are two ways you can register for a Mass:

- 1. Please go to our parish website for a link to sign up for Mass (<u>www.mqp.org</u>).
 - Fill in your name and email address.
 - We will save this information for 30 days, in the event that we need to do contact tracing.
 - If you prefer not to give your name/email address via the sign up program, please call the Parish Office for assistance.
 - Select which Mass you would like to attend.
 - If the Sunday Masses fill up:
 - Please select a weekday Mass —and/or—
 - Please send a message to <u>massrsvp@mqp.org</u> and we will place you on the list for the next available Sunday.
 - Important: You must indicate the total number of people coming in your group.
- 2. If you are not able to use the website method:
 - Please call the Parish Office for assistance: 425-391-1178 ext. 199.
 - Or send a message to <u>massrsvp@mqp.org</u>

Please **arrive 30 minutes early** so that we can check everyone in and get settled before Mass begins. When you arrive, please look for the welcome tables to check-in and receive additional instructions. **Please maintain six-foot spacing** from other people while waiting to check in.

What Will Mass Be Like?

This will not feel like Mass that we're used to. This might cause a mixture of emotions in us. On the one hand, it is a great joy to be in person at Mass and receive the Eucharist sacramentally. On the other hand, it could be upsetting to miss Mass in the way that we're familiar with, or to miss the people that we haven't seen in a while.

Please be patient with and kind toward yourself and one another as we all will be processing different emotions and feelings. Also, please pray for our brothers and sisters who aren't able to come to Mass at this time. Finally, please understand that we are doing the best we can to begin celebrating Mass together again. There might be mistakes, adjustments, changes, oversights,

opportunities to improve. Thank you for your prayers and support as we all work on starting this together.

In order to limit the amount of time that we're exposed to other people, while still maintaining the core identity of the Mass, you will notice the following temporary differences:

- Mass will not last as long:
 - There will be no processions.
 - Cantors will sing fewer verses of songs.
 - Homilies will be shorter.
- We will limit physical contact with one another:
 - **Mask or face covering** worn at all times (not required for very young children or those with a medical condition).
 - **Congregants should not sing out loud**—please join in the song with your heart.
 - Maintain minimum six-foot distance from other people or family groups.
 - We will not hold hands during the 'Our Father'.
 - There will be no 'Sign of Peace'.

• Communion protocols:

- Communion will be distributed on section at a time, one pew at a time. Please follow the direction of the Mass Hospitality Ministers
- As you prepare to receive Communion, please:
 - **Maintain six-foot spacing** from other people or family groups.
 - **Remove your face mask** (and gloves, if you are wearing them).
 - Hold your hand flat and steady to securely receive the Body of Christ.
 - This will help to avoid contact between your hand and the minister's hand.
 - We will not distribute the Precious Blood for the time being.
 - If you have an intolerance to gluten, please contact us so that we can make accommodations.

Come, Holy Spirit!

Please keep praying for the Holy Spirit to guide and protect us, and for our parish, Church, and world to experience a New Pentecost! Your prayers and support are so helpful and efficacious. Please keep them up! **Thank you!**

Mary, Queen of Peace, pray for us!

Fr. Chad Green