

COMMUNION ASSISTANT GUIDELINES (2016)

Communion Assistants (CA) assist with communion during worship. There may be 3-4 communion assistants needed for worship, depending on how communion is distributed. Here are the Communion Assistant guidelines.

BEFORE WORSHIP

- *Check in with pastor before worship begins.

- *Communion assistants do not wear robes/albs.

MEAL

- *Pastor will invite communion assistants to the altar after the Lord's Prayer.

- *Reverence (bow) the altar at the steps

- *Communion assistants form a line behind the altar to receive communion first from the pastor.

- *Pastor will give the communion assistants the communion-ware:

 - *Common cup (wine), Pouring Chalice (wine), Grape juice is in pre-filled cups/chalices on cart

COMMUNION FROM RAIL WITH FLOOR STATION – three communion assistants needed

Floor: Two communion assistants go to floor with either the pastor or assisting minister.

- *You say, "The blood of Christ is shed for you," while filling the person's little cup with wine or when someone approaches you with a pre-filled grape juice cup.

Rail: One communion assistant will commune people at the rail. Start with the pouring chalice since more people use the pouring chalice. If someone requests the common cup, get the common cup from the altar (put the pouring chalice down).

- *The AM or communion assistant removes the rail after everyone has communed.

- *Pastor and an assistant with common cup bring communion to people in pews, if requested.

- *Assisting ministers go back to their pew when distribution is concluded.

COMMUNION FROM FLOOR (NO RAIL) – four communion assistants needed

Communion happens with two lines from the floor. The communion assistants (2) with the pouring chalices stand either next to pastor or the assisting minister, while the other two communion assistants (2) with the common cup stand to the other side of the communion assistants with the pouring chalice.

- *Pastor and an assistant with common cup bring communion to people in pews, if requested.

- *Assisting ministers go back to their pew when distribution is concluded.

THANK YOU FOR YOUR SERVICE TO THE LORD!