

Cave Run Lake Retreat, June 15-17 Packing List

We will be gone for 3 days and 2 nights. There will also be opportunities for hiking, swimming, and boating. Please pack accordingly! Questions? Email Ondie at ovinson@ccclex.org

- Water Bottle
- Flashlight
- Bug Spray
- Hat or bandana
- Sunscreen
- Bathroom Supplies (Deoderant, Soap, Shampoo, Toothbrush & Toothpaste, hairbrush, etc.)
- All medications (including epi-pens)
- Pillow
- Sleeping bag (Can be provide if needed)
- Swim wear
- Towel
- Jacket
- Raincoat
- T-Shirts
- Long Pants
- Tall Socks
- Outdoor Shoes (closed toe)
- Tennis Shoes
- Sandals/Flip-flops
- Pajamas
- Underwear
- Notebook and Pen
- Games (For Free Time)