



Meal Brigade Volunteer Opportunity

It's hard to get through the day when you're experiencing homelessness, and it's even harder to do so when you are hungry. Join our meal brigade and help provide food for our guests in shelter! This is a great group opportunity for 6-8 individuals!

Opportunities:

- **Serve-Only (Available Monday-Friday only. Weekend groups must bring food or financially sponsor).**
 - Serve a meal that our shelter has prepared.
- **Bring**
 - Bring food "ready-to-serve" OR bring all the ingredients and supplies to prepare on-site in our kitchen. If you bring a pork dish, please also supply a non-pork option.
 - Be prepared to provide for:
 - TRYON: 200 guests.
 - STATESVILLE: 170 guests.
 - **The Statesville Avenue Shelter does not have a kitchen.** Food for Statesville must be "ready-to-serve."
- **Financially**
 - We are grateful to groups that sponsor a meal at \$500.
 - Our culinary team can purchase the food and you can help with the menu.

A Note on Blessings

- You are welcome to lead a brief blessing over the food, but please be cognizant of the diversity of faith among our guests. We kindly ask that the blessing not be used for preaching purposes. Thank you.

Guidelines for Bag or Box Lunches

- Deliver 175 bag lunches by 11:30am to our North Tryon Street Shelter.
- 350 sandwiches total – 2 sandwiches per bag. Please no ham or pork. (Suggestions: chicken salad, egg salad, turkey and cheese, roast beef, PB&J, etc.).
- Individual packets of condiments are appreciated, but please no mayonnaise or mustard on the sandwiches.
- Include sides like chips and fruit (preferably a soft fruit), as well as a dessert).
- If possible, bring bottles of water (but do not place in bags).
- Lunch is distributed from 12:00pm-1:00pm.



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Kitchen Environment:

We strive for a clean, safe, and sanitary kitchen.

- Each volunteer must wash hands upon first entering the kitchen.
- Each volunteer must wear an apron, gloves, and a hairnet. Men's Shelter of Charlotte will provide these items. If you would prefer to wear a ball cap instead of a hair net, feel free to do so.
- Please wear close-toed shoes. You will be around hot equipment and food.

Time Commitment:

- **Breakfast Monday – Friday** 5:30am-7:00am (**Saturday-Sunday**, 6:30am – 8:00am)
- **Lunch:** 11:30am-1:00pm
- **Dinner:** 5:30pm-7:00pm

If you are preparing the food on-site, groups you will need to arrive earlier. Please contact us at Volunteers@MensShelterofCharlotte.org to clarify the time.

Location:

1210 North Tryon Street or 3410 Statesville Avenue (28206).

Requirements and Understanding:

- We recommend 12 years of age and older. All minors must be accompanied by an adult.
- Respect for guests experiencing homelessness.
- Enjoy working with diversity of people.
- Ability to stand for periods of time.
- Patience.

Onsite Contacts:

You will be working with a Kitchen Staff Member and/or a Shelter Specialist.

For volunteer questions, please contact Volunteers@MensShelterofCharlotte.org.

Scheduling:

Sign up for available slots here: <https://www.mensshelterofcharlotte.org/ways-to-help/volunteer/>.