

Urban Peak Meal Volunteer Guidelines, Release & Waiver of Liability



Please make sure you read the document in full. This is a legal document and affects your legal rights.

Release and Waiver

Volunteer does hereby release and forever discharge and hold harmless Urban Peak and its successors and assigns from any and all liability, claims, and demands of whatever kind or nature, either in law or in equity that arise or may hereafter arise from Volunteer's Activities with Urban Peak.

VOLUNTEER UNDERSTANDS THAT THIS RELEASE DISCHARGES URBAN PEAK FROM ANY LIABILITY OR CLAIM THAT THE VOLUNTEER MAY HAVE AGAINST URBAN PEAK WITH RESPECT TO ANY BODILY INJURY, PERSONAL INJURY, ILLNESS, DEATH, OR PROPERTY DAMAGE THAT MAY RESULT FROM VOLUNTEER'S ACTIVITIES WITH URBAN PEAK, WHETHER CAUSED BY THE NEGLIGENCE OF URBAN PEAK OR ITS OFFICERS, DIRECTORS, EMPLOYEES, OR AGENTS OR OTHERWISE. VOLUNTEER ALSO UNDERSTANDS THAT URBAN PEAK DOES NOT ASSUME ANY RESPONSIBILITY FOR OR OBLIGATION TO PROVIDE FINANCIAL ASSISTANCE OR OTHER ASSISTANCE, INCLUDING BUT NOT LIMITED TO MEDICAL, HEALTH, OR DISABILITY INSURANCE IN THE EVENT OF INJURY OR ILLNESS.

Medical Treatment. Volunteer does hereby release and forever discharge Urban Peak from any claim whatsoever which arises or may hereafter arise on account of any first aid, treatment, or service rendered in connection with the Volunteer's Activities with Urban Peak

Assumption of the Risk. The Volunteer understands that the Activities may involve work that may be hazardous to the Volunteer, including, but not limited to, stocking and unloading food, preparing food, assisting youth with food, using and handling kitchen equipment, and transportation to and from the work sites. Volunteer hereby expressly and specifically assumes the risk of injury or harm in the Activities, and releases Urban Peak from all liability for injury, illness, death, or property damage resulting from the Activities.

Insurance. The Volunteer understands that, except as otherwise agreed to by Urban Peak in writing, Urban Peak does not carry or maintain health, medical, or disability insurance coverage for any Volunteer. Each Volunteer is expected and encouraged to obtain his or her own medical or health insurance coverage.

Photographic Release. Volunteer does hereby grant and convey unto Urban Peak all right, title, and interest in any and all photographic images and video or audio recordings made by Urban Peak during the Volunteer's Activities with Urban Peak including, but not limited to, any royalties, proceeds, or other benefits derived from such photographs or recordings.

Interaction with Urban Peak Youth and Young Adults

- Do not ask Urban Peak youth and young adults about their personal background or current life situation. Many of these residents have personal medical, psychological or lifestyle concerns that should not be addressed in a public setting without professional clinical supervision.
- If an Urban Peak youth or client says or makes an inappropriate, rude, or profane statement to any member of your group please report that to staff immediately.
- Please do not take any photos, video, etc., of the clients of Urban Peak.
- Do not give out any personal or professional phone numbers or addresses to the youth.
- Volunteers are prohibited from social contact with the youth outside the bounds of Urban Peak programs.
- Do not provide the youth with any money, gift cards, referrals, transportation, or other forms of assistance.
- Please do not provide "doggie bags" of leftovers or snacks to the youth.
- Please do not advocate any particular religious or political beliefs while on Urban Peak property.
- Volunteers should remain in the kitchen unless given permission by staff to be in another area.

- Dress Code: Please avoid wearing tank tops, halter-tops, and tops with bare shoulders, “short” shorts, clothing referencing drugs/alcohol, Mini-skirts, spaghetti-strap dresses, Flip-flops and slippers.

Food Preparation and Safety Guidelines

- If you are experiencing any of the following symptoms do not volunteer for a meal: sore throat, runny nose, coughing, sneezing, watery eyes, fever, chills, unexplained rashes, general aches, nausea, vomiting, or diarrhea or if you have recently been exposed to, or have, chicken pox, shingles, measles, tuberculosis, influenza, hepatitis, or any other communicable diseases.
- Never touch ready-to-eat food with bare hands. Use serving utensils to handle food.
- Wash hands often and well. Wear gloves when doing food prep and while serving.
- Important Rules for Using Gloves: Wash hands before using gloves. Change gloves that rip or might be contaminated, and keep in mind that your gloves become your second skin so keep them clean. Never wash or re-use gloves. Change gloves between working with raw and ready-to-eat foods. Throw gloves away after use.
- Clean and sanitize all food preparation surfaces before, during and after food preparation.
- Keep potentially hazardous foods hot or cold. These foods include: Animal products (includes eggs, dairy products), cooked starches (rice, beans, pasta, or potatoes), fruits and vegetables as follows: cooked vegetables, tofu, sprouts such as alfalfa or bean sprouts, cut melons.
- Potentially hazardous food can be at room temperature for up to two hours while you are preparing them.
- Raw Meat Procedures: Keep raw meat away from other food to prevent cross contamination. Wash and sanitize surfaces that come in contact with raw meat. Wash hands after handling raw meat.
- All potentially hazardous foods should be properly stored and not left out on serving counters.
- Each kitchen area is equipped with a commercial fire suppression system. If required, notify staff, and they will utilize a fire extinguisher and/or implement other fire safety protocols as needed.
- There is a first-aid kit in the staff office area. If an injury occurs, please notify staff immediately. Anyone that incurs a bleeding injury while onsite, after being treated and bandaged, will not be allowed to re-enter the kitchen or assist with the preparation of or serving of the meal.

I have executed this Release of Liability and will abide by all the above guidelines while volunteering at Urban Peak.

NAME, GROUP NAME, EMAIL, AND SIGNATURE ARE REQUIRED! PLEASE WRITE LEGIBLY. THANK YOU!

Please Print Name: _____ Date: _____

Group Name: _____

Mailing Address: _____

Email: _____ Ph. #: _____

We look forward to keeping in touch with you (on upcoming engagement opportunities).

If you wish to opt out of communications, please check here.

☐

Signature: _____

Emergency Contact

Name _____ Ph #: _____

Minor Volunteers. If you are under 18 years of age, your parent/guardian must also complete the following.

I give permission for _____ to participate as a volunteer with Urban Peak. I hereby assume full responsibility for my child and hold harmless Urban Peak for bodily injury fatal or otherwise or damage/loss of property. Parent/Guardian's signature: _____ Date: _____