

Crock Pot Asian Chicken

3 – 4 pounds chicken thighs
½ cup soy sauce
¼ cup packed brown sugar
2 cloves garlic minced or equivalent garlic powder
1 (8 ounce) can tomato sauce

Directions:

1. Spray the surface of the crock pot or use a crock pot liner.
2. Place thighs in a slow cooker.
3. In a medium bowl, stir together soy sauce, brown sugar, garlic, and tomato sauce.
4. Pour sauce over chicken.
5. Cover and cook on low heat for 8 hours or high for 4-5 hours.

Recommendation for shelter use: Determine when you will take the Asian Chicken to the shelter and subtract that amount of time from the total cooking time. Remember to plug in the crock pot when you arrive so that it will finish cooking before the 7 p.m. eating time.