

Slow Cooker Ham and Beans

Serves 6-8

Ingredients:

4 (15oz.) cans pinto beans

1 packet ham concentrate

1 (1 lb) package of cubed ham/turkey ham (or leftover chopped ham)

Cook's Notes: Ham concentrate can usually be found near the Latin foods aisle of your grocery store. Also, you may be able to find a product called Ham Base. It is usually located down the soup aisle, near the chicken and beef broth. You can also use that for ham flavoring (about a teaspoon.)

Directions:

Take all the ingredients and combine in your slow cooker. Give it all a good stir and cover. Set on low for about 6-8 hours. Everything in here is already precooked. So you're really just giving the flavors a chance to meld and for the beans to take on that yummy ham flavor.

Cook's Notes: I would not suggest making this in an Instant Pot. The flavor really needs time to come together and that can only come with slow cooking.