



Meet Our Guest Writers

Laura Boyd is an NC State graduate, holding her master's in Counselor Education/Student Development in Higher Education. She is also a Licensed Clinical Mental Health Counselor Supervisor and Board Certified Counselor. Laura's past professional experiences are in university admissions, academic advising, career counseling, mental health private practice, program development and consulting.



Dr. Mitzi Downing is a professor in the College of Agriculture and Life Sciences (CALS) at NC State University. Mitzi teaches Leadership and Organizational Systems courses, directs several statewide student leadership programs, and leads STEM outreach programs. Mitzi is a professional development trainer for CALS, an NC State Wellness Champion, an NC Education Policy Fellow, and a Faculty Fellow with NC State's Institute for Emerging Issues. Dr. Downing has served as a reviewer and interviewer for or numerous scholarship programs during her twenty-five-year tenure including NCSU Park Scholars, Caldwell Fellows and Goodnight Scholars.

