

Iowa Senior Games Volunteer Handbook

Thank you for your interest in volunteering for the Iowa Senior Games! All volunteers must read the following information and agree to the volunteer policies before signing up for a volunteer shift.

Mission Statement & Iowa Senior Games:

The mission of the Iowa Senior Games is to provide sports and recreation opportunities for all Iowans age 50 plus through Olympic-style festivals, events, and programs.

The Iowa Senior Games is a pillar of the Iowa Sports Foundation, which encompasses five total pillars: Adaptive Sports Iowa, Iowa Corporate Games, Iowa Games, Iowa Senior Games, and Live Healthy Iowa. For more information on the Iowa Sports Foundation, go to: <https://www.iowasportsfoundation.org/>. In general, the Iowa Senior Games provides opportunities for Iowans ages 50 plus to compete in various events.

The Iowa Senior Games would not be successful without volunteers.

Volunteer Expectations:

As a volunteer, YOU become the face of the Iowa Senior Games. Volunteers have more direct interaction with the participants than the Iowa Senior Games staff. You become one of the memorable pieces of the event for the athletes and coaches. It is very important that volunteers are friendly and approachable from the time athletes arrive to the time they leave. Often, the volunteer working the registration table is the first Iowa Senior Games representative that the participant will see. First impressions are an important part of a good experience at the Iowa Senior Games.

Volunteers should dress comfortably and appropriately for the weather. Many of the opportunities are outdoors in the summer. Volunteers are expected to wear the provided volunteer t-shirt while representing the Iowa Senior Games.

Volunteers are expected to arrive on time for their shift. If for any reason you are unable to make your shift, please notify Iowa Senior Games staff as soon as possible.

If you have any concerns regarding your event or have feedback while working your shift, please contact Iowa Senior Games staff. You are our eyes and ears at events. For example, if you repeatedly are asked the same question, that may be something to bring up to the staff so it can be communicated more clearly in the future.

Iowa Senior Games staff or the sport commissioner will be in touch with all volunteers prior to the event with any necessary information. If you have a sport specific question, please ask the commissioner or person in charge of your shift. Commissioner contact information will be provided to you prior to the event via email.

If you are interested in other volunteer opportunities during the year, please email info@iowaseniorgames.org.

Most information can be found on the website. Please direct as many people to their sport specific page on the Iowa Senior Games website as much as possible (www.iowaseniorgames.org/event/summer-iowa-senior-games/)

Volunteer Conduct:

Volunteers are expected to follow rules of conduct that will protect the interest and safety of all other volunteers, participants, and staff. The following are only some examples of inappropriate conduct which could lead to dismissal:

- a) Theft or inappropriate removal or possession of Iowa Senior Games property or that of any volunteer, staff member, or participant.
- b) Volunteering under the influence of alcohol or illegal drugs and/or illegal or unauthorized possession, distribution, sale, transfer, or use of alcohol or illegal drugs.
- c) Creating a disturbance at any venue that could jeopardize the safety of others.
- d) Lack of cooperation, or other disrespectful conduct.
- e) Inappropriate use of language and cell phones.
- f) Unsatisfactory performance or conduct.