

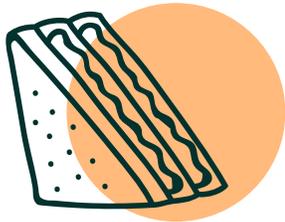
# — HOW-TO MAKE — SACK LUNCHES

Thank you for helping Blanchet House feed hungry people in our community!  
Email us at [info@blanchethouse.org](mailto:info@blanchethouse.org) with any questions.

**STEP 1** Choose a date for drop off using the online scheduler at [bit.ly/BHSackLunchSignUp](https://bit.ly/BHSackLunchSignUp).

## EACH BROWN BAG MUST INCLUDE:

All items should be easy to chew  
NO drinks or beverages



1

### SANDWICH

PB&J or other type  
of deli sandwich



2

### FRUIT

fruit cup, cut or soft fruit  
NO apples



3

### WRAPPED SNACK

chips, string cheese,  
cookie, granola bar or  
nonperishable snack

## ADD A PERSONAL TOUCH

*optional*

We encourage you to decorate the bags if you like.  
Our meal guests appreciate art and words of hope.

## PREPARE

**IMPORTANT:** If anyone in your household is sick or shows symptoms of illness please do not participate in making sack lunches.

- Sanitize all surfaces and tools.
- Wash your hands and wear gloves.

## LABEL

- Write the type of sandwich you made on the outside of each bag.  
(Ex. "pbj" or "turkey & cheese.")

## DROP OFF

**WHEN:** 8-10:30 AM or 1:30-4 PM Mon-Sat

**WHERE:** 310 NW Glisan St. Park out front.  
Knock on door and we will come out to your car to get the lunches.

