



## Ronald McDonald House Charities of Southern Arizona Chef for a Day Program

After a year and a half, we are ready to safely re-open our Chef for a Day program. We are so happy to be able to welcome our volunteer chefs back to the Ronald McDonald House and our families will very much appreciate some home cooked meals! We have modified our guidelines to continue to protect the health and well-being of the children and families we serve.

### Participation Requirements:

- **All volunteers must be fully Covid-19 vaccinated and submit proof of vaccination at least one day prior to the scheduled meal.**
- **Chef for a Day groups may include a maximum of six (6) volunteers.** Everyone who comes with your group will count toward this total and must be there to actively participate.
- **Chef for a Day volunteers must be at least 12 years old.**
- **All volunteers must be completely illness/symptom free (cold, flu, fever, stomach virus, etc.) for at least 14 days prior to volunteering.**
- **Participants will complete a health questionnaire and temperature check upon arrival to the House.**
- **Volunteers must wear face masks, gloves, and hair ties.** Participants must bring masks and hair ties, and RMHCSAZ will provide gloves. Additional health practices during participation will include frequent hand washing and changing gloves, and no face, hair, or phone touching.

### Food Safety:

- **Safety Practices:** Volunteers must practice good food safety hygiene, including frequent hand-washing, eliminating cross contamination/raw foods, wearing hair ties, face masks and gloves, etc.

### **Meal Service and Clean Up:**

- **Social Distancing:** We require all volunteers to be mindful of social distancing.
- **On-Site Dining:** Our dining room is open. Families are encouraged to sit with members of their own family. Please know that our families often have inconsistent schedules due to patient treatments and may not be available to enjoy the meal you have prepared while your group is on-site. (They will enjoy your cooking when they make their way back to the RM House after a long day at the hospital.) For safety reasons volunteers are not currently able to dine at the House.
- **Clean Up:** Participants are responsible for thoroughly cleaning the kitchen as part of Chef for a Day volunteerism. Cleaning instructions will be provided by our House staff, and all volunteers are asked to stay until clean-up is complete.

### **Volunteer Expectations:**

We strive to create a safe, welcoming, and respectful environment for our families, staff, and volunteers alike. As such, we expect volunteers to:

- Bring compassion and respect to your volunteerism.
- Follow the leadership and direction of RMHCSAZ staff.
- Respect the privacy of our guest families.
  - No photos or videos of guest families are permitted.
  - Exchanging personal information with or soliciting services to our families is not permitted.