



Working together to end homelessness

## Bag Lunch Guidelines for Giles Emergency Shelter

(Please note before signing up: You will prepare 100 bag lunches)

### Important Information Before Starting

- Lunches can be provided in gallon-sized plastic bags or a lunch-sized paper bag.
- Each bag should contain the following items:
- A Sandwich in each bag (please note: do not add anything that must be heated. **Guests will not have access to a microwave oven.**)
- A Fruit plus a Snack
- **1-bottle of water inside of the bag (Please do not leave the bottle of water in the case).**
- Utensil for eating if required for any food items. Napkin or paper towel (if possible)

### Sandwich Guidelines

- Turkey, roast beef, bologna, or PB&J; **Do not put cheese on the bread/sandwich (wrap individually).**
- Use either white or soft whole wheat sandwich bread, no heels please.
- **No mayonnaise or mustard on the sandwiches; individual packets of condiments are acceptable.**
- It is not necessary to add lettuce or tomato.
- **Wrap sandwiches in individual small sandwich bags.**
- Please keep perishable sandwiches refrigerated prior to drop off.

### Fruit and Snack Suggestions

- Fruits (i.e.- apples, pears, bananas, oranges) or fruit cups.
- Snack suggestions (cookies, muffins, pudding packs, granola, trail mix, beef jerky or crackers).

### Delivery Directions

- Drop off lunches between 5:00pm – 6:00pm at the Giles shelter located at 3410 Statesville Ave, Charlotte (see photo)
- Turn into the property and park. You will need to go to the “Brown/Tan” building. Use the door facing the street. Ask staff for a cart to transport food.

### Additional Questions

- Please email [mealservice@roofabove.org](mailto:mealservice@roofabove.org), if you have questions prior to your scheduled date.



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**Please go to the beige/brown building on the left – do not take lunches to the grey building.  
Delivery between 5pm and 6:00pm**

