

Student Guidance – CERT Skills Checklist In-Person Classroom Phase 2 for Spring 2022

Be sure to review these skills prior to class. This will be your opportunity to show us what you have learned. PM= Participant Manual

Zoom Phase 2 Class – Welcome & Team building 5:30 – 6:15	
Unit	Skill
1 st thing	Online Course Completion Certificate & Vax certificate rcd prior to class
Welcome	Intros – COVID safety procedures, breaks, schedule, evacuation if necessary
1 *C	Participate in an activity that emphasizes working w/ unfamiliar people/problems/tools/surroundings in a time compressed environment. (PM 1-2)

Home Preparedness & Roles of CERT, ICS, Documentation review –6:15 – 6:45	
Unit	Skill
1 *C Exercise 1.2	Participate in an instructor led Evacuate discussion (PM pg18) (IG pg27). Find out how many evacuated from CZU or debris flow. What would you do differently? Grab 'n Go bag, under bed, etc. Local resources
1 *C	Describe the purpose of each article of PPE (helmet, gloves, goggles, vest, sturdy shoes) and the limitations of each. Show samples, (PM pg25,30 to 37)
1 *C	Discuss and understand volunteer protection laws/ Good Samaritan (Volunteer Protection Act of 1997– Federal) and DSW that apply to your state and community (PM pg25,26)
2 *C	Complete the ICS functions discussion. (PM pg6,7)– review questions about ICS.
2 *C	Review documentation tools (Sign-in, Damage assessment, and 214) and describe the purpose of each tool and when each tool is used. Note – there are many other forms!!

Medical – Misc 6:45 – 7:15	
Unit	Skill
3 S Activity	Review triage activity (prioritizing victim treatment) and describe the 4 categories & 6 steps. <ul style="list-style-type: none"> Minor – Green – ambulatory Delayed – Yellow – not ambulatory Immediate – Red Black - deceased (2011 PM pg19 to 24) Sample provided.
4C	Describe how to set up a Disaster Medical Treatment Area. What are the operations? (2019 Unit 4 PM pg5).
4C	Review steps for maintaining proper hygiene and sanitation, including how to purify water. (PM pg11,12) Covid rules!!!

Burns, Heat and Cold injuries – 15 minutes 7:15 – 7:30	
Unit	Skill
3C	Review signs and describe how to treat heat and chemical burns. (PM pg10,11)
3C	Review signs and describe how to treat cold related injuries (PM pg16,17)
#c	Review signs and describe how to treat heat related injuries (PM pg17,18)

Disaster Psych 7:30 – 8:00	
Unit	Skill
5 C	Participate in the Self-Care Toolkit activity. (PM pg4 to 6) Participants do the form in manual before – discuss as group
5 *C	Participate in instructor led “what would you do if...” scenarios. See contents covered in (PM pg 8 to 12)
5 *S	Perform a survivor approach and use psychological first aid to help stabilize the survivor. Instructor may provide scenarios. (PM pg 10 to 12)
5 *C	Learn about the local plan for dealing with the deceased. (PM pg12) ie only move from scene if fire/flood danger. In treatment area move to morgue, cover, respect, use the term “died”

Terrorism - 8:00 – 8:05	
Unit	Skill
8 *C	Participate in an instructor led “Preparing for a Terrorism Related Event” activity. (PM pg6) See something, say something. STOP

Items to present with DSW talk - 8:05- 8:30	
Unit	Skill
ALL	Learn from the Instructor or Program Manager any specific and official plans for CERT use in your area, including your local CERT policies and protocols. If available reference to the local Emergency Operation Plan and learn how CERT fits in the plan.
All	Learn from the Instructor or Program Manager details on any opportunities for you to get further involved in the CERT Program or other programs, if applicable. Also learn of any additional training opportunities, ie. any FEMA CERT add-on modules, hazard specific training, Red Cross, or other local, state, or federal provided courses.
	Describe how CERT trained individuals mobilize in your jurisdiction.