

## KAFB Swim the Rio Grande Log

Simply complete 470 miles, the distance of the Rio Grande in New Mexico, in 1 year.

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

[illegible]

Comments:

Note: Submit completed and signed Swim the Rio Grande Log at the East Fitness Center (1451 Texas St. Bldg. 20228 Kirtland AFB, NM 87117). Question? Call 505-846-1102 or email [lee.smither.2@us.af.mil](mailto:lee.smither.2@us.af.mil).

**WAIVER AND RELEASE:** As a participant using 377th Services Squadron facilities and programs, I hereby, for myself, my heirs, executors and administrators, waive that I will in no way hold Kirtland AFB, the United States Air Force or employees, liable for any injury which may occur while participating in any program, event or competition. I further agree to indemnify and hold harmless, Kirtland AFB, the United States Air Force and/or any of its counterparts, or any of its employees for any monetary damage as a result of injury which occurs while participating in said 377th Services Squadron activity.

Participant Signature: \_\_\_\_\_

Date: \_\_\_\_\_