



## Option #2 Bag Lunch Guidelines

**Please note before signing up: Remember there are 2-sandwiches per bag!**

### Important Information Before Starting

#### Bag Lunches

- **You can sign up for minimum of 100 (200 sandwiches) bag lunches to a maximum of 300 (600 sandwiches) bag lunches per day.**
- Bag Lunches can be provided in gallon-sized plastic bags.
- Each bag should contain the following items:
  - **2 - Sandwiches in each bag**
  - 1 – fruit cup
  - 1 – snack
  - 1 - Bottled water or fruit drink
  - Utensil for eating if required for any food items
  - Napkin or paper towel (if possible)

#### Sandwich Guidelines for bag lunches

- Use turkey, ham, roast beef, bologna, egg salad, chicken salad, or Peanut Butter & Jelly (limit of 100 PB&J); If including cheese, place the cheese in a separate bag or purchase the individually wrapped cheeses).
- Use either white or soft whole wheat sandwich bread, no heels please.
- No mayonnaise or mustard on the sandwiches; individual packets of condiments are very much appreciated.
- It is not necessary to add lettuce or tomato.
- Wrap sandwiches in individual baggies.
- Please keep perishable sandwiches refrigerated prior to drop off.

#### Fruit and Snack Suggestions for bag lunches

- Fruit cups
- Snack suggestions (crackers, cookies, muffins, individual cakes, granola, trail mix, peanut butter crackers or chips)

#### Delivery Directions

- Drop off lunches Monday through Friday 8:00am – 1:00pm; Saturday & Sunday 9:00am - 11:30am at 945 North College Street, Charlotte, North Carolina 28206.
- Drive through the gate, drive all the way to the bottom of the lot and you will find a smaller parking area on the left beside the grey building. Pull into the parking lot and look for the double brown doors leading to our kitchen. Ring the doorbell outside and a member of the kitchen staff will come outside to meet you!

#### Additional Questions

- Please email [sandwiches@roofabove.org](mailto:sandwiches@roofabove.org)