Stay home and monitor your health.

Stay home and monitor your health to help protect your friends, family, and others from possibly getting COVID-19 from you.
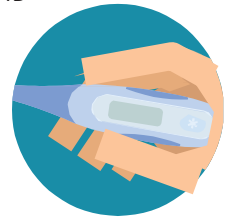
Stay home and away from others:

- f possible, stay away from others, especially people who are at higher risk for getting very sick from COVID-19, such as older adults and people with other medical conditions.

- If you have been in contact with someone with COVID-19, stay home and away from others for 14 days after your last contact with that person.

- If you have a fever, cough or other symptoms of COVID-19, stay home and away from others (except to get medical care).

Monitor your health:

- Watch for fever, cough, shortness of breath, or other symptoms of COVID-19. Remember, symptoms may appear 2-14 days after exposure to COVID-19 and can include:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Tiredness
- Muscle or body aches
- Headache

- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

What to do with your results

If you are diagnosed with COVID-19, you may consider following up with your primary care provider. There are some outpatient treatment options available to those who qualify.
Make sure to stay home for 14 days, and away from other people. Practice good handwashing and monitor your symptoms. Call your primary care office or 911 if you start to feel worse.
If you are negative, consider staying away from people, and always practice good handwashing. When you are out in public, wear a mask and consider getting vaccinated if you haven't

How to get your results

COVID test results will be available on the patient portal within 24 hours of testing.

Phone calls with positive results will be made after the results are available to our team, Generally within 24 hours of the test being resulted.

Results by phone are available only Monday – Friday, 8:00 AM – 5:00 PM when the COVID Testing Clinic is open.

Any calls outside of business hours are routed to our Emergency Room Department. The Emergency Room Staff and Lab Dpartment Staff are not able to give results over the phone or reset patietn portals.

If you do not have access to your portal, and need a copy of your test results, please contact Excelsior Springs Health Information Management Department @816-629-3606 to request speak with our release of information team.