



I hereby affirm my desire to participate as a volunteer in the Team DJFE Sprint Triathlon Series on Friday, April 29, 2022 through Sunday, May 1, 2022 which is sponsored by Dana Jones Fitness Evolution and Inspiration Sports Foundation.

Realizing that there is risk in this activity and in consideration of my being allowed to participate in this activity, I personally assume all risks in connection with the triathlon and volunteer duties. I further agree to release and hold harmless Dana Jones, Dana Jones Fitness Evolution, Inspiration Sports Foundation and their officers, The City of Santa Rosa, Finley Aquatic Center, their officers, volunteers, agents and employees from any and all claims and liabilities of any type whatsoever and for damages to, loss or destruction of any property or injury, sickness, or death which may now or hereinafter arise out of, result from, or in any way be connected with my participation in the above mentioned DJFE Sprint Triathlon Series.

I further state that I am lawful age and legally competent to sign this release; that I understand the terms herein is contractual and not a mere recital; and that I have signed this document as my own free act. I understand that a medical examination to assure myself of physical fitness is desirable, that obtaining such an examination is my own responsibility, and assume my own responsibility of physical fitness and capacity to participate in such event, and I am physically fit.

I hereby agree to comply with all rules and regulations and event instructions of the DJFE Sprint Triathlon Series. I also give permission for the free use of my name and picture in any media account of promotion of this event.

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Participant Signature

Date

Print Name

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Guardian Signature (if under 18)

Date

Print Name