

HELP Pack a Pantry

Bold items indicate the biggest need

*no dented or out of date cans please

Individual Bottled Water

Vacuum sealed meats “pop top if available”

(Vienna Sausages, spam, beef, tuna, chili)

Fruit Cups of any kind

Pop-top soup (No cream of...)

Canned pasta “pop top if available”

Macaroni and Cheese

Microwave individual meals

Individual cheese and peanut butter cracker packs

Pasta sauce (no glass jars)