



The Confraternity of Eucharistic Adoration for Life

Eucharistic Adoration Prayer Guide

Advent 2022

Feast of Our Lady of Guadalupe

The Solemnity of the Immaculate Conception

CEAL is an association of lay faithful, clergy and religious
from various parishes and institutes who pray

for Life causes during Eucharistic Adoration.

This guide to Eucharistic Adoration includes suggested readings, prayers, hymns, devotionals, and prayerful images upon which to reflect to make your experience a greater blessing.

If you are not able to attend your church's scheduled hours of Eucharistic Adoration, but your church is open, you can still worship the Lord. Even though the tabernacle is locked, He is present always. Therefore, worshiping the Lord before the Tabernacle is acceptable.

In special situations, you may be unable to pray in the presence of the exposed Sacrament, such as in the current health pandemic or if you are confined to home without any access to Church. In these cases, you can take part in the Eucharistic Adoration online offered by various sources: Online Perpetual Eucharistic Adoration at <https://virtualadoration.home.blog/> EWTN at <https://www.ewtn.com/catholicism/adoration>.

For more information, visit us at:
www.cealservants.com



The Confraternity of Eucharistic Adoration for Life
Spiritual Director: Fr. Bob Romaine
Diocese of St. Petersburg, Florida
Advent 2022



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1. Our CEAL Devotional - Advent 2022

Advent is a time of waiting and watching for the birth of our Savior. During these 4 weeks before Christmas, as we meditate on Fr. Bob's Sacred Scriptures readings, it is fitting that we pause to honor Mary, our Blessed Mother, on the Solemnity of the Immaculate Conception December 8th.

On December 12th, we celebrate the Feast of Our Lady of Guadalupe, and on December 9th, the Feast of St. Juan Diego.

Last but not least, don't forget to honor one of our most beloved saints - St. Nicholas! His feast day is December 6th.

2. Novena to the Immaculate Conception

Please join us in praying this Novena to our Blessed Mother Mary in honor of the Solemnity of the Immaculate Conception.

3. CEAL News, Events, 40 Hours of Prayer Sign-up & Prayer Requests

Check out announcements and new events in CEAL Member News and Events! Note our 40 Hours of Prayer for Peace event coming up December 1st-2nd. Also, send a Prayer Request to Fr. Bob and pray his scripture readings with us.

Exploring the Catholic Faith

What is meant by "The Immaculate Conception"?

At the very start of her life, Mary was free from the original sin which is universally 'inherited' by the descendents of Adam and Eve after the Fall. This unique privilege was granted through the merits of Christ in view of Mary's foreseen role as His Mother. <https://udayton.edu/imri/mary/i/immaculate-conception-definition.php>

What do the Scriptures say about the Immaculate Conception?

Sacred Scripture does not explicitly proclaim the doctrine of Mary's Immaculate Conception (i.e. freedom from original sin from the very start of her life). The Catholic Church reflected on this question for centuries, considering biblical texts which seemed related to the topic, at least implicitly.

As a result of this prolonged reflection, Pius IX issued a dogmatic definition in 1854 affirming Mary's Immaculate Conception. This declaration (Ineffabilis Deus) indicates that the teaching has been infallibly revealed by God through the living Tradition of the Church. There are also a number of scriptural passages which may be cited in support of the teaching. For example, the Angel Gabriel's greeting in Luke 1:28 refers to Mary as "highly favored" or "full of grace."

<https://udayton.edu/imri/mary/i/immaculate-conception-scripture.php>

When was the day first celebrated in the United States?

At the Sixth Provincial council of Baltimore in May 17, 1846, the bishops of the United States proclaimed Mary, under the title of her Immaculate Conception, the principal patroness of the whole country. The Third Plenary Council of Baltimore in 1884 made the feast a holy day of obligation for all dioceses of the U.S.A., and Rome approved the decision in 1885.

However, well before 1776 and colonial independence, American Catholics of English, French, and Spanish origin celebrated the feast of the Immaculate Conception with great interest and devotion. One of the earliest chapels in what is now the U.S. was that of the Convento de Inmaculada Concepcion in St. Augustine, Florida, in 1573. The Franciscans in 1629 built La Purisima Concepcion Mission in New Mexico. In California another Mission La Purisima Concepcion was established by the Franciscans in 1787.

<https://udayton.edu/imri/mary/i/immaculate-conception-united-states.php>

Fr. Bob's Weekly Advent Scripture Readings

As we prepare our hearts for Jesus' birthday, follow along with Fr. Bob and the CEAL team as we meditate on these weekly scripture readings. You can use these as part of your Advent wreath prayers or your daily personal lectio divina prayer time.

Advent 2022: November 27- December 24

Week 1 November 27 - Dec 3

Isaiah 2: 1-5

Matthew 24: 37-44

Matthew 16:15-20

Week 2 December 4-10

Isaiah 11: 1-10

Matthew 3: 1-12

Genesis 3: 9-15

Week 3 December 11-17

Isaiah 35: 1-6

Matthew 11: 2-11

Revelation 12: 1-6

Week 4 December 18-24

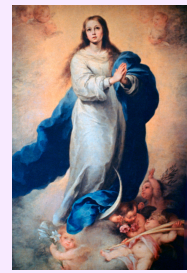
Isaiah 7: 10-14

Matthew 1: 18-24

John 1: 1-18



Novena in honor of the Immaculate Conception



Leader: Almighty Father, we offer this Novena to honor the Blessed Virgin Mary. She occupies a place in the Church which is highest after Christ and yet very close to us, for you chose her to give to the world that very Life which renews all things, Jesus Christ Your Son and Our Lord.

And so we praise you, Mary, Virgin and mother. After the Savior himself, you alone are all holy, free from all stain of sin, gifted by God from the first instant of your conception with a unique holiness.

R. We praise and honor you.

Mary, free from all sin and led by the Holy Spirit, you embraced God's saving will with a full heart, and devoted yourself totally as a handmaid of the Lord to the fulfillment of His will in your life, and to the mystery of man's redemption.

R. We praise and honor you.

Mary, your privileged and grace-filled origin is the Father's final step in preparing humanity to receive its Redeemer in human form. Your fullness of grace is the Father's sign of His favor to the Church and also His promise to the Church of its perfection as the bridge of Christ, radiant in beauty. Your holiness in the beginning of your life is the foreshadowing of that all embracing holiness with which the Father will surround His people when His Son comes at the end of time to greet us.

R. We bless you among women.

ALL: Mary, we turn with confidence to you who are always ready to listen with a mother's affection and powerful assistance. Consoler of the Afflicted, Health of the Sick, Refuge of Sinners, grant us comfort in tribulation, relief in sickness, and liberating strength in our weakness.

You who are free from sin, lead us to combat sin. Obtain for us the victory of hope over anguish, of fellowship over alienation, of peace over anxiety, of joy and beauty over boredom and disgust, of eternal visions over temporal ones, of life over death. Mary, conceived without sin, pray for us who have recourse to you.

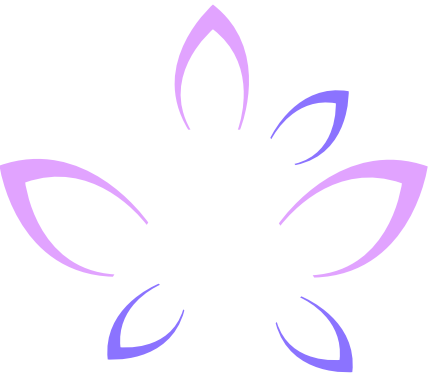
(Here mention your petitions)

Leader: Let us pray.

God Our Father, we make these petitions through Mary. We pray most especially for the coming of Your Kingdom. May You, together with Your Son and Holy Spirit, be known, loved and glorified and Your law of love faithfully followed. We pray in faith through Jesus Christ, Your Son and Our Lord, in whom all fullness dwells, now and forever.

R: Amen

<https://udayton.edu/imri/mary/n/novena-in-honor-of-the-immaculate-conception.php>



Personal Reflection Space

Your personal reflections and prayer requests

Feast Days during Advent



Feast of St. Nicholas, December 6

St. Nicholas of Myra was born in village of Patara in Asia Minor in 270 AD. His wealthy parents raised him to be a devout Christian. However, they both died in an epidemic while Nicholas was a boy. Obeying Jesus' call to "sell what you own and give the money to the poor," Nicholas used his whole inheritance to assist the needy, the sick, and the suffering. He was named Bishop of Myra while still a young man. Bishop Nicholas became known for his generosity to those in need, his love for children, and his concern for sailors and ships. Many miracles are attributed to his intercession. His feast is very widely celebrated in Europe.



Feast of Our Lady of Guadalupe, December 12

The people of Mexico and the United States celebrate the Feast of Our Lady of Guadalupe. She is the Patron Saint of Mexico and Patroness of the Americas. Every year, thousands of people from all over the world make a pilgrimage to the Basilica in Mexico City to see and wonder at her miraculous image that she imprinted on the cloak of Juan Diego in 1531. <http://saintsresource.com/our-lady-of-guadalupe>



Feast of Juan Diego, December 9

Our Lady of Guadalupe appeared to St. Juan Diego, a poor weaver and laborer, in Tepeyac, Mexico in December of 1531. She asked him to go to the bishop with her request for a church to be built atop Tepeyac hill. The bishop told Juan to ask the Lady for a sign. Following Mary's instructions, he found beautiful roses, a kind that did not grow in Mexico, in bloom in the frozen winter ground. Juan filed his cloak (called a tilde) and ran to the bishop. Opening his tilde, the flowers fell to the floor, revealing an image of the Lady on the cloak. Soon after, the bishop had a church built on the site where the Virgin Mary had first appeared. Juan died in 1548 and was canonized in 2002 by St. Pope John Paul II. <http://saintsresource.com/juan-diegost-king-background>

CEAL News and Events



Member News to Share

- We are continuing to work with the Diocese of St. Petersburg to create our formal association statutes.
- Please keep praying for our Confraternity!
- Let your friends and prayer partners know about CEAL and encourage them to join. All are welcome!
- Learn more and enroll at <https://cealservants.com/contact>



CEAL Upcoming Events

- Look in your inbox for an opportunity to sign up to pray for one hour during our 40 Hours for Peace in the World event. The dates are from December 1st, beginning at 6 am, through December 2nd, 10 pm, EST.
- You will receive a special devotional prayer booklet to use during your hour of prayer.
- You can sign up for the 40 Hours of Prayer here:
- <https://www.signupgenius.com/go/9040449ADAE23ABFA7-40hours4>



Prayer Requests

You can request to add your special intentions to

Fr. Bob's CEAL prayer list.

Click below to go to the intentions sign up form or go to

<https://cealservants.com/prayer-requests>

[Click to Send Your Prayer Request!](https://cealservants.com/prayer-requests)

Fr. Bob's Scripture Readings



***See the special
weekly Advent
scripture readings
on page 5***

Remember to Pray for Our CEAL Intentions

For all Life causes:

such as protection for babies in the womb from abortion,
protection of children and adults from human trafficking,
protection for the elderly from euthanasia, and
the troubled from suicide.

