**WE CARE PHONE LIST Updated April 9, 2021**

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| **NAME** | **PHONE NUMBER** | **NOTES** |
| Allison R | 612-499-0280 CST | Sponsor, 7 am - 9 pm - Welcome newcomers! |
| Amy | 641-230-0458 CST | New to this group |
| Benita J | 972-802-2827 CST | Available sponsor in TX |
| Christine C | 778-922-3161 | Returning, in Alberta, Canada. Reach on Whats App or Telegram. |
| Chris K | 651-587-9635 CST | 8 am - 10 pm |
| Daniel C | 431-374-6540 CST | Welcome calls & texts, Canada 3 - 9 pm or text anytime |
| Debra K | 612-419-2797 CST | Call between 8 am - 9 pm, email [kiefatdebra@gmail.com](mailto:kiefatdebra@gmail.com) |
| Debra L | 313-510-8187 ET | Call 9 am - 9 pm. Grateful. Sponsor. |
| Deby Z | 763-232-8649 CDT | 6 am - 8 pm |
| Des W | 763-482-4764 CST | Sponsor in MN, 7:30 am - 9 pm |
| Dorothy O | 651-698-0271 CST |  |
| Eleanor D | 651-399-7057 CT | Temp Sponsor availability and/or Food Changes |
| Ellen L | 952-925-3801 CST | 10 am - 10 pm (Living in California, 8 am - 8 pm PST) |
| Elizabeth HP | 612-554-8060 CST | 7 am - 10 pm+ |
| Elizabeth R | 651-675-7102 CST | Call 8 am - 9 pm |
| Fabiana F | 305-915-4174 PST | Newcomer from LA |
| Jamila | 646-300-5259 | Newcomer |
| Jane J (S) | 507-330-2501 CT | M-F, 4 pm - 10 pm, Weekends/Holidays anytime |
| Jo M | 612-220-2018 CST | Sponsor, I love to talk program! |
| Jon WK | 507-301-8625 CST | Sponsor, call anytime |
| Judith | 310-670-6552 PST | Newcomer |
| Juliana | 218-591-0748 CST | 10 am - 8 pm |
| Julie  H | 612-430-3034 CST | Grateful for this program |
| Karla S | 917-538-9640 CST | Nashville, TN, 7:30 - 10:30 am |
| Karl G | 832-561-9757 CST | [kkalanalan@gmail.com](mailto:kkalanalan@gmail.com) |
| Kathryn E | 651-245-4538 CST | Sponsor in MN, call any time |
| Katie | 438-878-6994 EST | Canada |
| Kidada | 718-501-7062 EST | Happy to be here and open for calls anytime. |
| Laura K | 612-578-0613 CST | Sponsor. Call 6:45 - 8 pm |
| Liisa B | 612-729-7675 CST | Sponsor. 10 am - 11 pm. LATE calls welcomed! |
| Lisa G | 512-297-7765 | Texas, 7 am or 7:15 am |
| Lisa G | 763-568-4746 CST | Minnesota, 6am - 1 pm |
| Liz Z | 651-206-5774 CST | Sponsor. Call between 7:30 am - 10 pm. Welcome everyone! |
| Lori A | 651-334-3389 CST |  |
| Lynn H | 315-440-6403 | Sponsor. Calls 7 am - 9 pm |
| Mary M | 612-875-3832 | Sponsor. Call anytime especially if you want to binge. |
| Michele C | 320-360-2738 CST |  |
| Nadya | 651-697-7325 CST | Call until 9 pm, sponsor. Gratetul!! |
| Nancy B | 314-920-5879 CST |  |
| Palmer H | 415-713-3617 |  |
| Patricia | 514-886-1241 | In Montreal. Canadian number, free to text via iPhone, free to call or text via WhatsApp or telegram |
| Paul | 204-807-9967 CST | In Canada, new to this group |
| Paul H | 952-484-4534 CST | 10 am - 10 pm. 320-277-3691 (landline-which has no VM that we know how to use) (Text preferred) [paulhoffinger@aol.com](mailto:paulhoffinger@aol.com) |
| Penda | 651-276-1537 CST | Sponsor. Call anytime leave a message, I will call right back |
| Randee E | 651-329-4632 CST | Sponsor, MN |
| Rosemary F | 651-724-3714 CST | Sponsor, 8 am - 8 pm |
| Sharon S | 651-334-5085 CST | schrantz.s@gmail.com |
| Sue R | 501-238-0519 | 9 am - 9 pm |
| Susan S | 612-388-8712 EST | In Georgia, 7 am - 11 pm. ODAAT |