

COVID-19 Safety Protocols for Vashon Farm Volunteers

Recognizing the need for Vashon-Maury Island to become more food self-sufficient, Backbone Campaign is collaborating with Matsuda Farm, a Vashon-Maury Land Trust property, to bring volunteers to Matsuda Farm to increase its food production capacity.

Below are best practices for keeping farmers and volunteers safe and for preventing the spread of CoViD-19.

Worker safety:

- Stay home if you are ill or have a fever, or if someone in your household is ill, or if you have been in contact with anyone who has tested positive for Covid-19.
- Maintain physical distance of 6-10 feet.
- Bring your own mask and wear it whenever you are within 10 feet of another person or anytime you're in the greenhouse or any other confined space.
- Only 1 person at a time in the toolshed.
- Wash hands frequently.
- Wear disposable gloves or garden/farm gloves.
- Bring your own water bottle. Water in the handwashing sink is not potable.
- Bring your own tools, if possible. Shared tools should be sanitized before and after the shift.
- There are no pets allowed on the farm, per Health Dept regulations.

Children 14 years of age and older may join parent volunteers. Please use SignUp Genius to register them for a shift so we can plan for the number of folks at the farm. (Family volunteer days are being planned to include younger volunteers!)

Worker pledge:

- I will not show up for work on a farm or handle any produce if I'm ill or have knowingly been in contact with a person who has tested positive or is showing symptoms.
- I will arrive to the farm using my own car (no ride-sharing with someone not in my own household) - or I will walk or ride my own bike.
- I will work singly and keep a 10-foot distance from all others.
- I will wear a mask when in a greenhouse or within 6 feet of another person. I will wash the mask daily.
- I will bring my own towel in a bag to use when I wash my hands. I will wash my hands often!
- I will bring my own water bottle and snacks or meals.
- I will use hand sanitizer in the PortaPotty after I use it.
- I will bring my own laundered gloves labeled with my name. I will wear gloves at all times during harvesting, washing, and preparing vegetables and will wash them daily.
- I will use my own gloves while using all tools and sanitize tools after use as directed by the farm manager.
- I will not share tools without sanitizing them first.
- I will wash my clothes and wear clean clothes each day.
- I will sanitize my washing station before and after each harvest.

Name: _____ Date: _____