

SAN RAFAEL ELKS LODGE #1108

POOL GUIDELINES and RULES 2020

- Current Elk Membership Card AND Swim Pass Holders ONLY - *NO GUESTS*.
- **ARRIVE READY!** Check in - Take the Plunge - Towel Off - Exit. Please do not "gather" and "hang-out."
- **TIME LIMITS:** Swim sessions limited to 1-hour total including arrival, check-in, towel off, and exit.
- **MAXIMUM** of 5 swimmers in the pool at any one time - one in each of 3 lanes, with the 4th lane having 2 swimmers from the same family if desired.
- Swimmers should swim in the **MIDDLE** of their lane to keep 6-feet of distance between swimmers in the lanes.
- Face coverings must be worn when checking in, when within 6-feet of others who are not family members, and in the bathrooms and other buildings.
- **BATHROOMS** are only open for Restroom use - **NO** changing or showering.
- **Equipment:** Bring your own water bottles, sunscreen, goggles, towel, kickboard, floatation device, etc. **NO SHARING** except between family members. There will be a bench at the end of each lane to place items and remove/put-on shoes.
- **LAP SWIM** - *ADULTS ONLY until 1 pm* - a monitor may swim once check-in duties are fulfilled
- **QUADRANT ACTIVITIES** - for all ages - from 1 pm to 8 pm. Quadrants are for family time (2 people), physical therapy, or just relaxing. Please maintain 6-feet of space between people in other quadrants.
- Youth must be **ACTIVELY** supervised by their parent. Parent may lap swim at the same time as their child and share a lane.
- **Supervising Parent or Person:** One parent/person may supervise a child or other individual (who requires supervision) to ensure safety. The supervising person must maintain 6-feet of social distance from others who are not a family member.