



#### Before Practice

- Determine what areas need to be clean and disinfected. ( balls, nets, volleyball cart, poles, poles covers.
- Disinfect areas prior practice
- Determine dirty areas in order to clean with soap and water.
- Revise COVID-19 form and receive a waiver from the player.
- Check in players taking temperature , more than 99.4 practice needs to be cancelled.
- Coaches and players needs to use facemasks
- Coaches and players need to watch their..

#### During practice

- Coaches will need to keep Face Masks at all times.
- Balls to use will be player property. If a player doesn't have balls we will use club property but prior disinfected.
- If a parent is staying to practice, they need to wear facemasks.
- Coaches and players will need to watch their hands prior to practice.
- Before touching the ball, coaches and players must use sanitizer.
- After a drill is finished and they are resting, as soon as they come back to the court hands need to be sanitized again.

#### After practice

- Disinfect equipment and area used.
- If we use club balls we need to separate them if the coach has another player to train and bring new balls and equipment.
- Player needs to place her mask again after practice.