

WOMEN'S MTB SESSION



Sunday, June 14th, 2020
Royal Gorge Park, East Ridge Campground
Cañon City, CO

This event is hosted by Fremont Adventure Recreation. All session leaders are not “certified” instructors, but are excited to share tips and tricks that they’ve learned over the years. This course will include basics of mountain biking, including: parts of a bike, important equipment, basic mountain bike skills, and trail etiquette. All participants are responsible for the function and working order of their equipment, including bicycle, approved helmet, and face mask. No equipment will be available for use or rent at the event. All participants must be 15 years of age or older.

Name: _____ Sex: M F Age: _____

City: _____ State: _____ Zip: _____ Phone #: (_____) _____ - _____

Waiver: In consideration of Fremont Adventure Recreation, accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my family, my heirs, executors, and administrators, forever waive, release and discharge any and all rights and claims of suits, action, known or unknown, that I or they have or may have against the organizers of this event, the City of Cañon City, Fremont Adventure Recreation, Fremont County, Colorado, all event leaders and volunteers and all sponsors of the event for any and all injuries suffered by me and/or my minor child or children in this event. I attest that I, or my minor child, am physically fit and am aware of the precautions that must be taken for the event. I have read the information provided and certify my acceptance of the same by signing below.

Signature

Date

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