



Azorean Maritime Heritage Society Rowing & Sailing Rules 2020

The Azorean Maritime Heritage Society (AMHS) continues to grow, as does interest in sailing and rowing opportunities. As interest and involvement increases, so does the Society's responsibility to keep the boats and its sailors and rowers safe. With that in mind and in keeping with United States Coast Guard guidelines and regulations, procedures continue to evolve to insure the safety of all. Based at the Community Boating Center (CBC) in New Bedford, the AMHS has access to a dock box on the dock, log book, life jackets, and other safety equipment.

The 2020 season presents a special challenge due to a global pandemic of Novel Coronavirus (COVID-19). During this season the AMHS will be implementing additional rules and protocols as necessary to comply with Centers for Disease Control and Prevention (CDC), local Board of Health (LBH), and partner organization requirements, and recommendations.

General Rules

1. Cloth Face Coverings or Surgical Masks which cover your nose and mouth are mandatory:
 - a. On the CBC Campus.
 - b. On the water when six (6) ft social distance cannot be maintained.
 - c. When participating in other AMHS activities when six (6) ft social distance cannot be maintained.
2. All participants must practice social distancing to the greatest extent possible, this means maintaining six (6) ft between individuals whenever possible.
 - a. Avoid forming tight groups.
 - b. No hugs, handshakes, high-fives, fist bumps, elbow bumps, etc.
3. Cover coughs and sneezes with the crook of your elbow. Wash or sanitize your hands after coughing or sneezing whenever possible.
4. Wash or sanitize your hands before arriving or participating in an event or activity and after participating in an event or activity.
5. If you are not feeling well, have a fever, or have been experiencing symptoms of Coronavirus (COVID-19), or have been around someone who has, stay home. Follow CDC and LBH quarantine and/or testing protocols before participating in any AMHS event or activity.
6. Crews must "gather" (maintain social distancing) by the parking lot gate before entering the CBC campus and proceed to the boats in an orderly manner as a distanced group. If arriving early, wait for the entire crew before entering the CBC campus. Please arrive on-time or early!
7. Coxswains, skippers, or boat steerers must complete a COVID-19 related questionnaire for their crew(s) before entering the CBC Campus.
8. Crews must leave the CBC campus in an orderly manner as a distanced group.
9. Sanitize any railings, handles, locks, gates, or similar items on the CBC campus that are used with appropriate spray solution or wipes.
10. If you become sick, experience COVID-19 Symptoms, or test positive for COVID-19 after participating in an AMHS event you must notify your Coxswain, skipper, or boat steerer so that we may inform the other crew members. Your identity will be kept confidential if desired.
11. No Bow Riders or other unnecessary crew.

Equipment

1. The use of a participant supplied US Coast Guard Approved PFD is strongly recommended for the season (Type II PFD's can be purchased for as little as \$11 at West Marine, Type III for \$22)
 - a. Rowing - AMHS Life Jackets will be kept in the stern of the boat to avoid handling and the need for sanitization as much as possible. In the case of an emergency they will be distributed amongst the crew.

- b. Sailing - Use of a participant owned PFD is strongly encouraged.
2. PFD's must be sanitized after use with an appropriate spray solution or left in a dry location for 48 hours before reuse.
3. Avoid Sharing equipment or changing positions during a row/sail. Although we usually encourage cross training, we do not want to encourage cross contamination.
4. Boats, oars, paddles, lines, and other items must be left untouched for 48 hours before reusing if they cannot be sanitized with appropriate wipes or spray solutions.
5. Personal items (water bottles, keys, gloves, PFD's, etc.) should be carried on your person and not passed around or left on the dock or in the dock box.
6. The Boat Log should be filled out/handled by only one person per row/sail. Sanitize hands before and after handling the Boat Log Book.

SAILING

It is the responsibility of each individual *CREW* member to:

1. Sign a joint AMHS/CBC waiver for the current boating season.
2. Wear a US Coast Guard Approved lifejacket.
3. Have an up to date membership and paid boat use fee after 2 free sails.

It is the responsibility of the *HELMSPERSON* to:

1. Complete the log sheet with names of all persons on board, designated worrier on land (with phone #), and contact #/radio channel while on board.
2. Ensure a safety boat is on call and aware of your anticipated departure and arrival.
3. Bring all safety equipment on board for each sail, including an emergency kit with mirror or flares, cell phone or radio, whistle, and emergency contact numbers.
4. Ensure life jackets are worn and properly fastened for all on board.
5. Typical crew (7): helmsperson, main sheet, tailer, ballast 1, ballast 2, jib, bow.
6. Be an AMHS certified helmsperson/skipper. To date the following people have been approved:
 - 1.

Tom Alves	John Pinheiro	Victor Pinheiro	Sara Quintal
Donald Rei	Marieke Reis	Joe Soares	Fernando Viveiros

7. Utilize only certified jib people. To date, the following are AMHS approved:
 - 1.

Tom Alves	Brooke Baptiste	Melissa Branco	Jessica Dasilva	Ryan Dwelly
Melanie Leonardo	Israel Monteiro	John Pinheiro	Victor Pinheiro	Marieke Reis
Joe Soares	Fernando Viveiros	Gary Viveiros		

8. Contact Ryan Dwelly (rydwelly@gmail.com or 508-971-7541) to be placed on the schedule and coordinate having a safety boat available. To avoid overlapping and conflicts, all changes and additions must be cleared in advance.

ROWING

It is the responsibility of each individual *CREW* member to:

1. Sign a joint AMHS/CBC waiver for the current boating season.
2. Have a US Coast Guard Approved lifejacket on board.
3. Have an up to date membership and paid boat use fee after 2 free rows.

It is the responsibility of the *BOATSTEERER* to:

1. Complete the log sheet with names of all persons on board, designated worrier on land (with phone #), and contact #/radio channel while on board.
2. Bring all safety equipment on board for each row, including an emergency kit with mirror or flares, cell phone or radio, whistle, and emergency contact numbers.

3. Ensure lifejackets are on board for each crew person, and ensure any minor on board is wearing a properly fitted and fastened lifejacket.
4. The boatsteerer is encouraged to know how to swim and to wear a life jacket at all times.
5. Typical crew (7): boatsteerer, 6 rowers.
6. Be an AMHS approved coxswain/boatsteerer.* To date the following people are approved:
 - 1.

Larry Almeida	Bill Anderson	John Branco	Sharon Challingsworth	Paul Curado
Ryan Dwelly	Lara Harrington	Nancy Jacobsen	Lisa Lemieux	John McCoy
Jayne Morrison	Luis Pereira	John Pinheiro	Victor Pinheiro	Marieke Reis
Daniel Santos	Joe Soares	Lee Socorro	Vi Taylor	Barbara Traban
Fernando Viveiros				

**For info on becoming a boatsteerer, contact the Waterfront Committee Chair.*

7. Contact Ryan Dwelly (rydwelly@gmail.com or 508-971-7541) to be placed on the schedule. All changes and additions must be cleared in advance to avoid overlap and conflicts.

BOAT SECURITY & STORAGE PROTOCOLS

1. During the active boating season, the AMHS boats are stored at Community Boating Center, Inc.: 1641 Padanaram Ave, New Bedford, MA. (508) 992-6219 www.communityboating.org
2. Up to two (2) boats are allowed to be tied up to the CBC dock. The third boat, if in the water, is to be kept on a mooring near the dock.
3. It is the responsibility of each helmsperson/boatsteerer to ensure that the boats are securely tied to the dock after each use in accordance with standardized boat tying protocols. These protocols are being developed in accordance with CBC.
4. It is the responsibility of each helmsperson/boatsteerer to ensure that the fenced pier at CBC is securely locked after each use.
5. AMHS has designated general emergency contacts to assist with quickly responding to safety concerns regarding the boats while stored at CBC. These contact persons are responsible for checking on the safety of the boats prior to and during storms, particularly storms which result in heavy rainfall and northerly winds. Their emergency contact numbers are provided below and are to be shared with CBC staff. CBC may contact these persons to alert them of a situation with our boats.

Ryan Dwelly – 508-971-7541

Fernando Viveiros – 774-451-3171

Lara Harrington – 508-965-8860

Donald Rei – 508-287-0887

Luis Pereira – 508-878-3899

Paul Curado – 508-858-9408

6. CBC Contact #'s:

Main Number – 508- 992-6219

Andy Herlihy – 774-644-0523

Failure to comply with sailing and rowing protocol will result in suspension of rowing and sailing privileges

The AMHS thanks all of you for your cooperation and understanding in this matter and wishes all crews fair winds and lasting friendships.