

## **CHAMPIONSHIP MARTIAL ARTS of AVALON PARK**

### **Staff Protocols & Student Guidelines**

1. All staff will be required to wear masks.
2. All staff will continue to wash & sanitize hands upon entering and exiting the studio, a restroom facility, and as needed in between classes.
3. All staff will be required to disinfectant lobby & training area throughout the evening during 15-min class transition times.
4. CMA will have hand sanitizers available at the entrance, main office, and exit area of the facility for use for their members.
5. All class sizes will be capped in size in order to maintain 6-feet social distancing guidelines. For this reason all students will be allowed to attend only ONE of each of their Respective Classes as designated on the class schedule. *(Class Schedule details to be released soon.)*
6. All CMA members will be required, in order to maintain the flow of traffic and keep to social distancing guidelines:
  - a. To use the Front Door as ENTRANCE ONLY.
  - b. To use the Back Door as EXIT ONLY.
7. All CMA members will have their temperatures taken and hand sanitizer dispensed into their hands prior to walking into the studio. *(Temperatures over 100.0F will not be allowed into the studio.)*
8. All CMA members will wait outside of the studio, following social distancing guidelines *(we will have markings on the floor)*, until a staff member checks them in & allows them entry into the facility.
9. All CMA members should arrive to the studio in their proper training uniform with their belt tied, flip flops or slides, and should have used the restrooms prior to starting class.
10. All CMA members will bring their personal water bottles as water fountains will be off limits.
11. All CMA members once checked in will enter the studio, leave their flip flops or slides at the edge of the mat, and wait for an instructor to assign them to their designated training area. *(You may bring your water bottle into your designated area.)*
12. All CMA family members will be aware of limited lobby seating and are welcome to wait outside for class or return in 30-minutes prior to class ending.  
For this reason, only one family member is allowed to attend with the training member. *(Feel free to bring your own seating if you wish to wait outside)*
13. Class dismissal will be one at a time by the lead instructor, so that the student can collect their belongings and exit out the back door to their parent.
14. All CMA members will continue to train in a no-contact format.
15. CMA AV and WTC will continue to offer Virtual Sessions as an alternative, and for any students wanting additional training.
16. We cannot wait to see you all.