FIVE OAKS SWIM CLUB

Supplemental rules for the 2020 season due to the impacts of COVID-19

In order to follow the Maryland Health Department and CDC guidelines, there will be many adjustments that will affect the operating of the pool. Every member must understand these new rules and agree to abide by them. The staff and the Board of Directors thank everyone in advance for following the rules, which may seem inconvenient, but are necessary in order to begin opening the pool under the given circumstances.

If a member does not abide by any of the new rules, they will be denied access to the pool grounds and at the discretion of the Board of Directors, their membership may be suspended.

In addition, under these circumstances, it is extremely important that members supervise their children and make sure that all family members know and follow the pool rules. Poor behavior and breaking rules will result in suspension and if repeated, could possibly result in the membership bond being revoked.

Please do not approach the staff with questions/complaints/concerns regarding these rules. Instead, please reach out to the Board at [fiveoakspool@gmail.com](mailto:fiveoakspool@gmail.com).

COVID-19 SYMPTOMS/EXPOSURE

* Please do not come to the pool if:
  + you have any symptoms of COVID-19 or of just being sick in general.
  + you have had exposure to anyone with COVID-19 or symptoms of COVID-19.
  + you have travelled to an area that has had a recent outbreak of COVID-19.
* If you or your child exhibits COVID-19 symptoms after visiting the pool or if you find out that you or they had been in contact with any symptomatic individuals before visiting the pool, please inform the pool management and/or board of directors by calling the pool at 410-747-5122 or emailing the Board of Directors at [fiveoakspool@gmail.com](mailto:fiveoakspool@gmail.com).

MASKS/FACE COVERINGS

* Masks must be worn in the office, bathrooms, in the snack bar area (when you are not eating) and when exiting the pool grounds.
  + This includes all members, including children ages 5 and up.
* Masks must be worn when interacting with staff or other individuals not from their household when unable to maintain 6 feet of distancing.
* Face coverings cannot be worn in the water – it is a drowning risk to do so.

IMPORTANT GENERAL INFORMATION

* SOCIAL DISTANCING IS EXPECTED
  + Members (who belong to different families) will be expected to follow social distancing guidelines while on pool grounds, including while they are in the water.
  + PARENTS are expected to ensure that their children are following social distancing guidelines while on pool grounds, including while they are in the water.
  + The staff cannot be expected to make sure that children are not socially distancing from other children/people.
* MEMBERS MUST HAVE ID CARDS
  + Members must have ID cards to enter so there is no hold up with looking members up in the computer and so that we can track who comes in and when.
* SIGNAGE
  + There will be signs around the pool grounds to remind everyone of the socially distancing guidelines and to give direction on how to help keep socially distanced from others.
    - PLEASE FOLLOW ALL POSTED SIGNS.
* NO CHANGING AREA
  + All members need to come fully prepared with bathing suits on.
  + There will be no changing areas or showers available for use in the bathrooms.
  + The bathrooms will be available to use, but since the number of people allowed in the bathroom will be limited, we encourage members to have their little ones try to use the bathroom before heading to the pool.
* NO WATER FOUNTAIN
  + The water fountain will not be available for use.
  + Please bring your own water for consumption.
  + Water will be available for purchase at the Cuda Café, but to avoid contamination, they will NOT BE FILLING PERSONAL CUPS/CONTAINERS with water/ice.
* NO CHAIR STORAGE
  + Chairs will not be allowed to be stored at the pool.
* ACTIVITIES ON THE POOL GROUNDS
  + Gatherings, events and parties will be prohibited on the pool grounds.
  + Many activities/areas (playground, basketball, etc.) will be closed or will have limited access and/or new guidelines.
* NO LOST AND FOUND
  + Any items left behind at the pool, will not be saved. Unfortunately, any items left behind will have to be discarded.
  + Please make sure to double check your area before leaving so that nothing is left behind.

POOL USE SIGN UP

* There will be an online sign up that EVERYONE must complete in order to use the pool. THERE WILL BE NO EXCEPTIONS. If you do not sign up ahead of time, you will not be allowed to enter the pool.
* The use of the pool will be limited to a certain number of people during specific time blocks. This is to ensure that capacity limits designated by the Health Department are being followed and to also ensure that proper social distancing measures can be accomplished. This will also allow the staff to properly keep things sanitized.
* We ask everyone to be ready to leave the pool quickly at the end of each time block so that the staff can get the pool area sanitized and ready for the members who have signed up for the next time block.
* The sign-up will be a fluid process and changing regularly, as the staff determines what is working and as the Heath Department regulations change. The goal is to safely allow the members of the pool to use the pool as much and as often as possible, but this will be limited by the current situation. We will make changes to lessen restrictions as it is safe to do so.
* At first…
  + ALL MEMBERS UNDER THE AGE OF 16 MUST BE WITH AN ADULT
    - The plan is for this to be a very short-term rule. For the beginning it will help to allow members and staff to get used to the new set up and way of doing things.
  + NO GUESTS WILL BE ALLOWED
    - When signing up for a time block, please do not include guests. Only members can be included.
      * The one exception to this is a babysitter who is bringing the kids in place of the parents.
  + MEMBERS CAN ONLY SIGN UP FOR 1 BLOCK FOR THE FIRST SIGN UP
    - Once we start opening up more weeks and allow for members to sign up for more than 1 block per week, you will only be allowed to sign up for one time block per day.
  + EVERYONE MUST BE SIGNED UP
    - This includes the non-primary bond holders and kids.
    - This is important so that we can ensure that we are getting an accurate count.
  + LAP LANE TIME BLOCKS
    - In addition to a minimal number of lap swimming lanes during the regular swimming time blocks (like we usually have throughout the day), we are planning on adding lap lane only time blocks (possibly early in the morning and/or in the evening).
    - More information will be sent about this once it is being added to the schedule, but here are some basic guidelines to expect:
      * The lap lane time blocks will not count towards the member’s limited regular swim time blocks per week.
      * Members may be limited to a certain number of lap swimming time blocks per week.
  + NO “RAIN CHECKS” ALLOWED
    - While we understand that it might seem unfair if there is bad weather during the time block you signed up for, no “rain checks” will be allowed. You will not be able to change your sign up unless there happens to be another time block that is open.

ENTRANCE & OFFICE

* MASKS must be worn in the office – this includes children ages 5 and up.
* MEMBERS MUST HAVE ID CARDS
  + Members will not be allowed in the pool without their ID cards.
* Please bring a minimum number of items to the pool. If you must go back to your car for additional items, you will need to leave through the exit (the gate by the playground/bathhouse pavilion) and if there is a line to get in, you will have to wait in the entrance line to get back in.
* Members from different families will need to stay 6 feet apart while waiting in line to enter the pool.
* Please do not linger in the office.
  + We all want to say hi and catch up with the guards that we love so much, but unfortunately this cannot be done because of regulations and to keep the flow of people moving.
    - However, if you are on the deck or in the grass, please feel free to say hi (while social distancing, of course).
* Please do not use the bike rack
  + Instead of using the bike rack, members will be asked to put bikes along the fence so that they can be spaced apart from each other.

EXIT/LEAVING THE POOL

* There will be a separate exit for leaving the pool grounds. This exit will be the gate by the playground/bathhouse pavilion.
* MASKS must be worn when exiting the pool grounds – this includes children ages 5 and up.
* Please do not linger by/around the exit area.

SEATING/POOL GROUNDS

* Umbrellas and picnic tables will be spaced out and there will be lined off areas in the grass in order to distance people from each other.
  + Please do not move the umbrellas or the picnic tables.
* Some pavilions may be closed for use and some picnic tables may be marked off to not use.
* No whiffle ball or ping pong will be allowed.

POOL

* Swimmers who belong to different families will be expected to follow the social distancing guidelines while in the pool.
  + PARENTS are expected to ensure that their children are following social distancing guidelines while in the pool.
* The SLIDE and DIVING BOARDS may need to be closed periodically for cleaning.
* NO SWIMMING EQUIPMENT will be allowed in the pool, except for goggles.
  + No pool noodles, toys, floats, balls, kickboards, fins etc. will be allowed in the pool.
  + PLEASE DO NOT SHARE GOGGLES WITH OTHER MEMBERS.
  + The only exception to not using equipment will be that the pool kickboards can be used during the lap swim time blocks that we plan to add at a later date.
    - There will be a designated area for used kickboards to be returned to so that they can be sanitized.
* The lane lines (and possibly other items – cones on deck, etc.) may be used to section off the pool and the number of people in each section may be limited in order to follow Health Department guidelines.

PLAYGROUND & OUTDOOR SHOWERS

* The playground equipment, playground area and the swings will be closed until the Health Department announces that it can be open.
* The outdoor showers will be available for use.
  + Please make sure that children do not play in these showers.

BASKETBALL & VOLLEYBALL

* The basketball and volleyball courts will be closed for use.
  + We hope to have them open at later date with some limitations, but at first they will be closed for any use.

BATHROOMS

* MASKS AND SHOES must be worn in the bathrooms – this includes children ages 5 and up.
* There will be a limited number of people allowed in the bathrooms at a time.
  + Please make sure your children understand this so that we can try to avoid kids rushing to the bathrooms for emergencies.
* NO CHANGING AREA AND SHOWERS
  + The changing area and shower area of the bathrooms will not be available for use.
    - The outdoor showers will be available for use.
  + All members need to come to the pool fully prepared with suits and need to leave without changing.
* CHANGING TABLE
  + If you use the changing table, please inform the staff member who is stationed outside of the bathroom so that they know that it needs to be disinfected.

CUDA CAFÉ

* MASKS must be worn in the snack bar area (when you are not eating) – this includes children ages 5 and up.
* The food available for sale will be very limited. There will only be packaged foods and drinks.
* REUSABLE CUPS/CONTAINERS WILL NOT BE FILLED
  + Water/Ice will have to be purchased in disposable cups.
* The set up for purchasing food will be changed to allow for social distancing.
  + Please follow the posted signs and the Cuda Café staff’s directions.
* The tables will be spaced out differently and some may be marked off to not use.
* Please only use the tables to eat.
  + KIDS WILL NOT BE PERMITTED TO HANG OUT IN THE PAVILION AREA.

FOOD DELIVERIES

* Food deliveries will be allowed.
* To limit contact, there will be a designated table outside of the exit (the gate by the playground/bathhouse pavilion) where food deliveries must be dropped off and picked up by the member.
* The food delivery person will have to call the member to notify them that their food is being delivered. We will not be calling people from office to pick up their food.

We understand that these rules may seem inconvenient, but given the circumstances, these are the steps that we must all agree to take in order to have the pool open.

We will be staying on top of any changes in regulations from the Heath Department and will make any adjustments needed along the way in order to ensure the safety of our members. Our hope is that we will get the chance to lessen restrictions at some point and if we do, we will communicate these changes to the membership.

By signing up for a swim time block, it means that you understand and agree to abide by these rules as well as to any adjustments that need to be made due to any changes with the CDC and/or Health Department guidelines throughout the season.

It also means that you understand that even though measures have been taken to establish social distancing guidelines and to also increase disinfecting and sanitizing procedures throughout the pool grounds, there is still a chance that you could be exposed to an illness while at the pool.

We thank you once again for your cooperation and help in keeping everyone safe during these unprecedented times.

Five Oaks Board of Directors