



Hot Meal Ideas

We ask our Café Cooks to provide an entree and healthy side (desserts are optional). You are welcome to get as creative as you'd like. We just ask that you keep the meal relatively healthy.

For those looking for inspiration, here are some tried-and-true meal ideas:

Main entrees

Chili
Spaghetti
Meatloaf
Enchiladas
Macaroni and cheese
Casseroles or stews
Hamburgers or sloppy joes
Lasagna
Baked chicken
Burritos
Soup and sandwich

Sides

Salad
Cooked veggies (carrots, broccoli, green beans, corn, etc.)
Mashed or baked potatoes
Bread
Cornbread
Rice
Beans

Desserts

Fresh fruit
Low-sugar muffins or cookies