



Volunteer Waiver Form

Please print clearly.

First Name: _____ Last Name: _____

I know that running [volunteering for] a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with participating in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me.

Having read this waiver, my signature below indicates that I will abide by all of the guidelines governing the Step Sisters' Ribbon Run 5k and Kids' Fun Run as indicated below. I understand that the event will occur rain or shine. I also understand that there are risks of illness, injury and property damage inherent in any activity and, in consideration of being invited to participate in this event, I hereby indemnify and hold harmless the Step Sisters, Families In Training and its principals, agents, members, beneficiaries, officers, partners, directors, employees, assigns and those others with which said event contracts for this event from and against any and all such claims arising in connection with my participation in this event. I understand that all volunteers must be at least 14 years of age. I understand that volunteers are critical to the success of this event and I intend to be fully responsible, to be on time and stay for my entire shift. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes.

Liability Waiver Must Be Signed:

Participant Signature _____ Date: _____

Signature (Parent or Guardian if under 18): _____ Date: _____