

Wrap-up Christmas Parish Event

For Individuals and families of all ages!

On Saturday, January 11, 2020

Located in St. Mary's Parish Center

From 10:30am - 12noon



Focus of this gathering is on the three events happening during the Christmas season –



The Holy Family, Epiphany, & Baptism of the Lord.

Itinerary of Events

10:30am-10:40am – Welcome in Parish Center foyer & gym

10:40am-11:10am – SoulCore in the gym

- SoulCore is a movement prayer experience that pairs core strengthening, stretching, and functional movement with prayers of the rosary. **This will be appropriate for individuals all ages and abilities.**
- The focus will be on the Joyful Mysteries which highlights the **Holy family**.
- Younger children will receive a take-away of a sticker rosary sheet.
- Dress in comfy clothes and bring an exercise mat if you have one.
- Chairs will be available for individuals not able to sit on the floor.



11:15am-11:35am – Tray favor gift assembly in Rms. 106-107

- Participants will make tray favors for Meals on Wheels. Just as the wise men gave gifts to Jesus, these favors will be given as gifts to individuals receiving meals from this organization.
- Participants at this station will also receive a take-away of an **Epiphany Home Blessing Kit** and **Holy Water fonts** to use in their own homes.

11:35am-12noon – Crown cookie decoration Rms. 110-111

- Participants will receive a 'Crown' cookie to decorate and eat along with other refreshments to remind us of the wise men who visited Jesus.

If you would like to attend this event –

- Please contact the Faith Formation at 716-688-0599 **by Jan. 3, 2020** so that we can have enough supplies for everyone who attends.