

STUART I. CROMARTY

PROFESSIONAL TITLE:

Professor of Biology
Biological and Physical Sciences
Assumption College
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EDUCATION:

- 1990 to 1995** - Ph.D. **Biological Sciences**. University of Rhode Island, Kingston, RI.
1987 to 1990 - M.Sc. **Zoology**. University of Rhode Island, Kingston, RI.
1984 to 1986 - B.A. **Biology**. Boston University, Boston, MA.
1982 to 1983 - University of Witwaterstrand, South Africa. Majored in Botany and Zoology.

PROFESSIONAL EXPERIENCE:

- 2010 to present** Full Professor, Assumption College, Worcester, MA.
2007 to 2019 Women's Head Swimming and Diving Coach
2004 to 2010 Associate Professor (*tenured*), Assumption College, Worcester, MA.
Teaching responsibilities include general physiology lecture and laboratory, animal behavior lecture and laboratory, comparative physiology lecture and laboratory, anatomy lecture and lab (2000-2005 only)
- 2002 to present** Graduate Adjunct Professor, University of Rhode Island, Kingston, RI.
2000 to 2004 Assistant Professor, Assumption College, Worcester, MA.
2000 to 2002 Visiting Research Assistant Professor, University of Rhode Island, Kingston, RI.
1997 to 2000 Postdoctoral Associate, Harvard Medical School, Boston, MA.
1995 to 1997 Postdoctoral Associate, Georgia State University. Atlanta, GA.
1991 to 1995 Course Instructor, University of Rhode Island, Kingston, RI.
1987 to 1995 Teaching Assistant, University of Rhode Island, Kingston, RI.
1988 to 1993 Laboratory Coordinator, University of Rhode Island, Kingston, RI.

In 2007 I was asked to take on the responsibility of starting a Division 2 Women's Swimming and Diving Team and building the program. The Head Women's Swimming Coach responsibilities include assessing, identifying and recruiting qualified students-athletes; developing plans for the season including a competitive schedule, scheduling of facilities, practice schedules and training/conditioning programs; provide leadership and instruction in the academic, personal and athletic development of student-athletes; adhering to all rules and regulations of the college, conference and NCAA; perform other duties as assigned.

COACHING EXPERIENCE:

- Aug 2007 to May 2019: Assumption College's Head Women's Swimming and Diving Coach
2007-2008: 0-7 team record (swim club sport)
2008-2009: 5-3 team record (official varsity sport); 8th at NE-10 Champs
2009-2010: 6-1 team record; 6th at NE-10 Champs
2010-2011: 5-3 team record; 5th at NE-10 Champs
2011-2012: 8-2 team record; 4th at NE-10 Champs
2012-2013: 11-2 team record; 3rd at NE-10 Champs
2013-2014: 10-4 team record; **1st at NE-10 Champs (Coach of the Year)**
2014-2015: 11-2 team record; **1st at NE-10 Champs (Coach of the Year)**
2015-2016: 7-4 team record; **1st at NE-10 Champs**
2016-2017: 3-2 team record; 2nd at NE-10 Champs (**Coach of the Year**)
2017-2018: 5-1 team record; 2nd at NE-10 Champs
2018-2019: 4-2 team record; **1st at NE-10 Champs (Coach of the Year)**
- 2006 to 2008: Occasional coach for Little Rhody USS Age group Team, Providence, RI
1997 to 2000: Coached Pace Academy Masters Team in Atlanta, Georgia.
1989 to 1995: Coached University of Rhode Island Masters Swim Program and on occasions coached URI Swim Teams when coach was unavailable.
1991 to 1995: Private Lessons to top Triathletes, RI, CT and MA.
1992 to 1995: Coached URI Rams USS Age Group Team, Kingston, RI.
1988: Supervised age group swim program at Brookline Country Club.
1987: Coached Private Lessons at Brookline Country Club, Brookline, MA.
1986: Captain of Boston University Men's Swimming Team.
Coached captains workouts before regular season
1984 to 1986: Coached Beginner Swimmers at Boston University

SPORTS AWARDS:

- 2005: Inducted into Rhode Island Swimming Hall of Fame
1984 – 1986: Full Athletic Swimming Scholarship to Boston University.
1986: Captain of Boston University Men's Swimming Team. *First foreign student to captain the team in Boston University history.*
1982 & 1983: South African National Colors for lifesaving. Represented South Africa in Greece, United States, Austria and Germany.
1981: South African National Colors for swimming. Represented South Africa in Taiwan. Shut out from both Olympics due to SA government apartheid policies.
1981: Highest high school honors for swimming and water polo.
State (Transvaal) captain of swimming and lifesaving teams.
Edenvale High School Service Award
Key to City of Edenvale, Transvaal, South Africa

SWIMMING HEAD COACH HIGHLIGHTS

“Stuart Cromarty, a standout swimmer for the South African national team and captain of the Boston University swim team, finishes his 11th season as the Greyhounds' head women's swimming and diving coach in 2018-19.

Cromarty has never had a losing record as a head coach at Assumption, with a 75-25 record in dual meets and a 398-114 record overall at the helm of the Assumption swimming and diving program. Since the program has been under Cromarty's guidance, the team has progressively improved each season from seventh in his first season to capturing three consecutive Northeast-10 Conference Championships in 2013-14, 2014-15, and 2015-2016 and again this year in 2018-2019. The team finished runner-up each of the past two seasons (2016-2017 and 2017-2028) while his teams also boast an impressive 35-3 record at home and hasn't lost in the Plourde Pool since November of 2011.

This Season (2018-2019), Cromarty led the Greyhounds to their fourth consecutive Northeast-10 Championship and received his fourth Coach of the Year NE10 conference award. He coached the NE-10 MVP Abbey Holmes and Shannon Quirk who never lost the 1650 at conference championships.

During his tenure as head coach, the team has had 24 semesters in a row of receiving the CSCAA Scholar All-American Team Award. He has also coached a Northeast-10 Scholar-Athlete of the Year (Amanda Guy), multiple NE10 Rookies of the Year (Monique Haney, Carylyn Waite, Kelsey Johnstone), the 2013-14 Senior Athlete of the Year (Monique Haney) and two recipients of the Steve Morris Memorial Award as the Top Four-Year Student-Athlete at Assumption (Haney in 2013-14 and Victoria Weber in 2015-16). During the 2017-18 season, Cromarty has his first-ever student-athlete earn CSCAA Scholar All-America honors, in Colleen Kurtz and in 2018-2019, Anne Guadalupi was also named to that honor.

This past season (2018-2019), Cromarty led the Greyhounds to their fourth consecutive Northeast-10 Championship and received his fourth Coach of the Year NE10 conference award. He coached the NE-10 Junior Abbey Holmes to win the MVP and senior Shannon Quirk to her 4th straight 1650 conference title.

Last season (2017-2018) Assumption finished as a runner-up in the NE10 Championships for the second straight year. The Hounds did win the Gompei Invitational and the Worcester City Championships during the season. In the 2016-17 season, Assumption came up just short in its quest for a fourth straight NE10 Title, finishing in second by just ten points. Freshman Kelsey Johnstone was honored as the NE10 Rookie of the Year. Sophomore Shannon Quirk, meanwhile, won the 1650 and became the first Assumption swimmer to ever qualify for the NCAA Division II Championships.

In 2015-2016, Cromarty led the Greyhounds to their third consecutive Northeast-10 Championship. He coached the NE-10 Rookie of the year Shannon Quirk, who set three school records in the 1000 freestyle, the 500 freestyle and the 1650 freestyle. Along with their third-straight conference title, the Hounds also captured their fourth-straight victory in the Worcester City Championships and their second-straight WPI Gompei Invitational title.

In the 2014-15 season, Cromarty led the team to another NE-10 Championship while also earning his second-straight NE-10 Women's Coach of the Year honor. Cromarty coached NE-10 Swimmer of the Year Carylyn Waite, as well as NE-10 Rookie of the Year Niamh Morgan. In addition to its impressive NE-10 run, the Hounds also claimed their third-straight Worcester City Championship title in 2014-15.

During the 2013-14 season, Cromarty earned his first NE-10 Women's Swimming Coach of the Year award and led the team to its first-ever conference championship in just the program's seventh season of existence. In a magical season for the team, Cromarty guided the program to a whirlwind of accomplishments throughout the season. The team enjoyed a 10-4 dual meet record, and along the way beat five Division I programs which included Providence College, Holy Cross, Sacred Heart, Bryant University and the University of Maine. The team also enjoyed a victory over nationally-ranked University of Bridgeport during the season. The team was ranked No. 21 in the country for the entire month of December, was ranked eighth in the country during the month of January, and throughout the season had multiple Northeast-10 Swimmer of the Week and Northeast-10 Rookie of the Week winners.

In 2012-13, Cromarty directed the Hounds to their first Worcester City Championship and a program-best third-place finish in the Northeast-10 Championship. Junior Monique Haney captured two Northeast-10 Championships and was named the Most Outstanding Swimmer at the Worcester City Championship. Overall, the team set 15 individual records and four relay records in the 2012-13 season. The team also had two winners at the UConn Open against Division I programs University of Connecticut, Bryant University, Boston College, and Central Connecticut State (Caitlin Schofield, Katherine Medeiros), four team relay records broken out of five, set 15 new individual records, and enjoyed team victories over Division I programs Siena, Iona, Providence, Holy Cross, and Sacred Heart. During the season the team received a permanent invitation to the URI Invitational, which previous to Assumption's invitation had only included Division I programs. The team was ranked 21st in the country for the month of February.

In the 2011-12 season, the Hounds women's swimming team set nearly every school record for the second straight season. His team placed fourth in the Northeast-10 Championship, the program's best finish ever. In addition, at the NEISDA Championship, the Hounds placed third out of 22 teams.

Cromarty was a standout for Edenvale High School, Transvaal, South Africa in both swimming and water polo and captained the Transvaal state team. He represented his country in an international meet in Taiwan in 1981 however was shut out of Olympic participation in 1980 and 1984 due to government apartheid policy. He also represented his country in international lifesaving competition in Greece, Austria, Germany and the United States.

He swam and played water polo at Boston University, captaining the swim team in 1986 --the first foreign-born student-athlete to serve in that capacity. He graduated from Boston University with a Bachelor's Degree in Science and his Master's Degree in Science and Ph. D. at the University of Rhode Island.

His extensive coaching resume includes the University of Rhode Island USS Age Group Team (1992-95) and the Masters Swim Program (1989-95). He coached the Pace Academy (Atlanta, GA) Masters Team (1997-00) and of late the Little Rhody USS Age Group Team (2006-present).

In addition to coaching the Swim Team, Cromarty is also a Professor at Assumption in the Natural Science Department and teaches Physiology, Anatomy, Animal Behavior, and Comparative Physiology.

Individually, Cromarty's most notable accolade was his induction into the Rhode Island Swimming Hall of Fame in 2005.

MISCELLANEOUS SWIMMING HIGHLIGHTS:

- Still hold one South African swimming individual junior record (u17) from 1980.
- Five relay American National Masters records.
- One relay World Masters record
- US Masters All-American each year since 1994 to 2005 (All-American honors is defined as winning at least one individual event per year at US master nationals).
- Held 41 individual New England Masters Records (includes Maine, Vermont, NH, MA and Rhode Island).
- 89 US Masters National Top Ten Times.
- Six Time winner of annual 2 mile *Save the Bay* swim in Rhode Island.
- 2019 One mile open water National Champion.