

IN-PERSON MASS AT ST. PAUL THE APOSTLE PARISH

GUIDELINES as of APRIL 2021 due to COVID-19

For the most up-to-date information, visit the parish website: stpaulbangor.me

There will still be a risk for anyone who attends a public Mass. If you are high risk, have any symptoms of illness, please stay home. Plan to continue to participate in live-streamed Masses.

PUBLIC MASSES

Daily Mass is offered at 8:30 a.m. (St. Mary) and at 5:30 p.m. (St. John).

Our weekend Mass schedule:

- Saturday 4:00 p.m. (St. John)
- Saturday 4:00 p.m. (St. Joseph)
- Sunday 7:00 a.m. and 8:30 a.m. (St. Mary)
- Sunday 8:30 a.m. (St. Gabriel)
- Sunday 10:30 a.m. (St. John and St. Matthew)
- Sunday 5:30 p.m. (St. Teresa)

LIVE-STREAMED MASSES CONTINUE

- We live stream Mass on our parish website (stpaulbangor.me) and parish Facebook page.
 - Weekdays 8:30 a.m. (St. Mary's Church)
 - Weekdays 5:30 p.m. (St. John's Church)
 - Saturday 4:00 p.m. Vigil (St. John's Church)
 - Sunday 7:00 a.m. (St. Mary's Church)
 - Sunday 8:30 a.m. (St. Mary's Church)
 - Sunday 10:30 a.m. (St. John's Church)

SEATING CAPACITY AND RESERVATIONS

- **Attendance is limited:** State mandates limit attendance at indoor gatherings (admittance depends on the facility's seating capacity).
- Parishioners are asked to reserve their seats online (stpaulbangor.me/Mass-Sign-up). If you are unable to reserve online, please call the parish office at 217-6740 (Monday-Friday 8:00 a.m.-4:30 p.m.).
- By signing up to attend a Mass, you authorize your parish to share your contact information (name, phone number and email address) with public health authorities in the event that it is specifically requested.

PLAN BEFORE YOU ARRIVE

- A general dispensation from the obligation to attend Sunday Mass remains for the Diocese of Portland.
- Wash your hands. Bring your own hand sanitizer that can be used before receiving Holy Communion.
- **Face coverings are required to be worn by everyone over the age of two when present on church grounds.**
- Restrooms are CLOSED (emergency use only).
- DO NOT bring items that contain bleach as this will damage the pews.
- Offertory donations may be placed in a designated basket upon entering or departing.

ARRIVAL PROCEDURES / SOCIAL DISTANCING

- Please arrive early for check-in.
- Face coverings should be worn as soon as you exit your vehicle.
- Only one entrance will be used (attendees in *designated* church halls must use a separate entrance).
- Doors will be closed when Mass begins to adhere to state-mandated capacity limits.
- Every other pew will be closed and marked off.
- 6-foot social distancing should be maintained.
- The Holy Water fonts will remain empty.

DURING MASS

- Collection baskets will not be passed during the offertory. Baskets will be available at the entrance. We encourage online giving, which is available on our website: www.stpaulbangor.me
- There is to be no physical contact at the Sign of Peace nor during the Lord's Prayer.

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HOLY COMMUNION: EXTRA PRECAUTIONS

- Out of consideration and safety of our priests and parishioners, Holy Communion will be distributed **in the hand**.
- The Precious Blood will not be distributed.
- Use of personal hand sanitizer before Holy Communion is strongly encouraged.
- When receiving Communion, place your hands, one underneath the other with your arms fully extended.
- Masks should still be worn at Communion. After accepting the Host in your hand, lower your mask and consume the Host, and then re-mask.
- Do not reach for or close your hands around the Sacred Host. It will be placed on your hand and then will be released to avoid any contact.
- You may choose not to receive Holy Communion. An Act of Spiritual Communion may be made.

DEPARTURE PROCEDURES

- We will exit only through a designated door. Be sure to maintain a 6-foot social distance as you exit and walk to your cars.
- Please be sure you take all of your belongings as you leave because sanitization of the church will begin immediately.
- Parishioners should go directly to their cars and avoid social gatherings before/after Mass.

RECONCILIATION / CONFESSION and EUCHARISTIC ADORATION

- Sacramental Reconciliation/Confession is offered Saturdays at 2:00-3:00 p.m. in St. John Church (lower level).
- The Adoration Chapel at St. Mary's Church will remain closed until further notice.



Parish Office: Parish staff are in the office M-F from 8:00 a.m. to 4:30 p.m. Visitors should call (207) 217-6740 when they arrive to be admitted. Email: saintpaultheapostleparish@gmail.com.