

## **Instructions for Your Appointment Day**

1. Masks are required while you are at the COVID-19 vaccine clinic. If you do not have a mask, one will be provided for you\*.
2. Please do not arrive earlier than 5 minutes before your appointment time. Attendees who arrive earlier than 5 minutes before their appointment time may be asked to leave and come back at their scheduled time.
3. You will be required to wait 15 minutes (or up to 30 minutes in some cases) after receiving your vaccine to be monitored for allergic reactions.
4. Wear a short sleeve shirt or loose clothing to allow easy access to upper arm for vaccination if possible.
5. Do not attend the clinic if you are feeling unwell, experiencing COVID-19 symptoms, or are currently COVID-19 positive.
6. For persons who may have significant fear of vaccinations or sensory concerns, one technique to practice at home is to practice at home by applying an alcohol swab or wet tissue for 2-3 seconds in a wiping circle to upper arm 2-3 times before the appointment.

\* Per San Francisco Public Health Order: Anyone who has a written exemption from a healthcare provider based on a disability, medical condition, or other condition that prevents them from wearing a Face Covering does not need to wear one.